

**Achievements of
All Mizoram Karate Association
NATIONAL LEVEL CHAMPIONSHIPS**

1999 —

1. 8th National Karate Championship at Mumbai during September, 1999

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|----|----------------------|---------------|-----------------|
| 1. | Lalremsanga Khiangte | Kata & Kumite | — Gold & Bronze |
| 2. | C. Hmingthangvunga | Kata & Kumite | — Gold & Silver |
| 3. | RL Lianbuka | Kata & Kumite | — Silver |
| 4. | Lalduhliana Khiangte | Kata & Kumite | — 2 Silver |
| 5. | C. Lalthantluanga | Kata & Kumite | — Gold |

Officials –

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|---------|------------------------|
| Manager | — RL Lianbuka |
| Manager | — Lalremsanga Khiangte |

2001 —

1. All India Open Senior Karate Championship at Jaipur, Rajasthan during 25-27.1.2001

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|----|----------------------|----------|
| 1. | C Hmingthangvunga | — Silver |
| 2. | VL Peka Zote | — Silver |
| 3. | Lalremsanga Khiangte | — Bronze |
| 4. | J. Laldawngliana | — Bronze |

Officials –

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|---------|--------------------|
| Manager | — J. Laldawngliana |
| Coach | — C. Dosavunga |

2. 2nd All India Shorin Ryu Karate Championship at Jaipur, Rajasthan during 26-29.9.2001

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|----|-------------------|-----------------|
| 1. | Reuben Lalrosiama | — Gold & Silver |
| 2. | R. Vanlaldika | — Gold |
| 3. | R. Vanlalfela | — Gold |
| 4. | Lalthlengliana | — Silver |
| 5. | Asriel Hualngo | — Silver |
| 6. | VL Peka Zote | — Bronze |
| 7. | FC Sakhu | — Bronze |
| 8. | Asriel Hualngo | — Bronze |
| 9. | Lalduhkima | — Bronze |

Officials –

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|---------|--------------------|
| Manager | — J. Laldawngliana |
|---------|--------------------|

2002 —

1. 3rd National Okinawan Shorin Ryu National Karate Championship at Mumbai, Maharashtra during 22-24.11.2002

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|----|---------------------|-----------------|
| 1. | D. Lalremruata | — Gold |
| 2. | Agnee Zongensangi | — Gold |
| 3. | PC Lalchhandami | — Gold |
| 4. | Saitluangpuii Sailo | — Gold |
| 5. | PC Vanlalkunga | — Gold & Bronze |
| 6. | Runremsanga | — Gold & Bronze |
| 7. | Zohmingthanga | — Gold |
| 8. | Lalhminghlua Zote | — Gold |

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|-----|---------------------|-------------------|
| 9. | R. Vanlaldika | — Gold |
| 10. | Lalchhuanawma | — Silver |
| 11. | VL Hmangaihzuoli | — Silver |
| 12. | G. Lalrindiki | — Silver & Bronze |
| 13. | J. Lalchhanzuola | — Silver & Bronze |
| 14. | John Lalremmawia | — Silver & Bronze |
| 15. | B. Lalmalsawma | — Silver & Bronze |
| 16. | Nancy Vanlalfaki | — Bronze |
| 17. | Linda Biakluni | — Bronze |
| 18. | C. Hmingthangvunga | — Bronze |
| 19. | Zothangzuali | — Bronze |
| 20. | Saihmingliana Sailo | — Bronze |
| 21. | Roreldika | — Bronze |
| 22. | Sarah Lallawmzuali | — Bronze |
| 23. | Zairemmawia | — Bronze |
| 24. | Vanlalruata | — Bronze |
| 25. | C. Lalnunmawia | — Bronze |

Officials –

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|---------|--------------------|
| Manager | — D. Lalrintluanga |
| Coach | — J. Laldawngliana |

2003 —

1. 18th AIFK National Karate Championship at Mumbai, Maharashtra during 21-31.3.2003

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|----|-----------------|--------|--------|
| 1. | PC Lalchhandami | Kumite | — Gold |
|----|-----------------|--------|--------|

Officials –

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|---------|----------------|
| Manager | — R. Zomawia |
| Coach | — C. Dosavunga |

2. Indo–Sri Lanka Karate Championship at Jaipur, Rajasthan during 23-26.3.2003

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|-----|---------------------|-------------------------|
| 1. | Rebec Lalrindiki | — Gold |
| 2. | PC Pakunga | — 2 Gold |
| 3. | Roreldika | — Gold |
| 4. | Michael Lalmuanawma | — Gold |
| 5. | F. Laltanpuia | — Gold |
| 6. | R. Vanlaldika | — Gold |
| 7. | C. Hmingthangvunga | — Gold, Silver & Bronze |
| 8. | Malsawmsangi | — 2 Gold |
| 9. | MC Lalchhanhimi | — 3 Silver |
| 10. | Laltharmawii Sailo | — 2 Silver |
| 11. | Elec Zoramthangi | — 2 Silver & 2 Bronze |
| 12. | R. Lalchenpuia | — Silver & 2 Bronze |
| 13. | C. Lalengliana | — Silver & Bronze |
| 14. | FC Sakhu | — Silver & Bronze |
| 15. | Lalramtiama Sailo | — Silver & Bronze |
| 16. | C. Mangthangvunga | — Bronze |
| 17. | Linda Biakluni | — 3 Silver |
| 18. | Lalremsiama | — Bronze |
| 19. | Jerry Zonunmawia | — Bronze |

Officials –

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|---------|----------------|
| Manager | — TBC Hnuna |
| Coach | — C. Dosavunga |

2004 —**1. 5th Okinawan Shorin Ryu National Karate Championship at Jamshedpur, Jharkhand during April, 2004**

1.	Elec Zoramthangi	(12-14 Yrs)	Kumite	— Gold
			Kata	— Silver
2.	Linda Biakluni	(53 Kgs)	Kumite	— Silver
			Kata	— Bronze
3.	Lalchhuanawma	(10-12 Yrs)	Kata	— Gold
			Kumite	— Bronze
4.	PC Pakunga	(-55 Kgs)	Kumite	— Gold
			Kata	— Kata
5.	Roreldika	(-55 Kgs)	Kata	— Gold
			Kumite	— Gold
6.	R. Lalchenpuia	(-55 Kgs)	Kumite	— Gold
			Kata	— Silver
	Team		(Kata Events)	— Bronze

Officials –

Manager — R. Vanlaldika

Coach — C. Hmingthangvunga

2. 1st Junior & Senior North East Karate Championship at Naharlagun, Arunachal Pradesh during 18-19.12.2004

Junior –

1.	Roreldika	Kumite (-55 Kgs)	— Bronze
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Officials –

Manager — TC Lalremsiama

2005 —**1. 6th Okinawan Shorin Ryu National Karate Championship at Aizawl, Mizoram during 22-24.3.2005**

1.	F. Laltanpuia	— 2 Gold
2.	Elec Zoramthangi	— 2 Gold
3.	Agnee Zongensangi	— 2 Gold
4.	Vanlalnelawma	— Gold & Silver
5.	Zothanmawia	— Gold & Silver
6.	MC Lalchhanhimi	— Gold & Silver
7.	C. Zothansangi	— Gold & Silver
8.	Linda Biaklun	— Gold & Silver
9.	Lalremsiama	— Gold & Bronze
10.	Malsawmsangi	— Gold & Bronze
11.	Lianhmingthangi	— Gold & Bronze
12.	Lianhmingthangi	— Gold & Bronze
13.	C. Lalmuansangi	— Gold & Bronze
14.	Ramropuii	— Gold & Bronze
15.	Vanlalremruata	— Gold
16.	Lalthlengliana Sailo	— Gold
17.	Jerry Zonunmawia	— Gold
18.	PC Pakunga	— Gold
19.	R. Lalchenpuia	— Gold
20.	Jonathan Lalchhanchhuaha	— 2 Silver
21.	Zothansangi	— 2 Silver

22.	Saidingpuii Sailo	— 2 Silver
23.	R. Malsawmtluanga	— Silver & Bronze
24.	V. Lalrohluia	— Silver & Bronze
25.	Johny C Lalchhuanthanga	— Silver & Bronze
26.	Lalthawmmawia	— Silver & Bronze
27.	H. Vanlalawia	— Silver & Bronze
28.	FVL Hmangaihzuali	— Silver & Bronze
29.	K. Laltanpuii	— Silver & Bronze
30.	Baby Lalthazuali	— Silver & Bronze
31.	Lalmangaihzuali	— Silver & Bronze
32.	Lallawmawma	— Silver
33.	Lalropuia	— Silver
34.	V. Lalchhuanmawii	— Silver
35.	Lallawmzuala	— 2 Bronze
36.	Jimmy Zothanpuia	— 2 Bronze
37.	Lallawmkimi	— 2 Bronze
38.	Melody Lallawmzuali	— 2 Bronze
39.	Samuel Remtluangpuia	— Bronze
40.	Lalawmawia	— Bronze
41.	Vanlalngheta	— Bronze
42.	SH Lalruatfela	— Bronze
43.	Lalramthara	— Bronze
44.	Joseph Lalthanmawia	— Bronze
45.	C. Vanlaltawka	— Bronze
46.	Lalramtiama Sailo	— Bronze
47.	Laldinsanga	— Bronze
	Mizoram Team	— Champion

Officials –

Manager	— TC Lalremsiama
Coach	— C. Hmingthangvunga

2. 19th AIKF National Karate Championship at Chennai, Tamil Nadu during 24-30.4.2005

Kumite–

1.	PC Pakunga	— Gold
2.	Remlalruati	— Silver
3.	Linda Biaklun	— Bronze

Officials —

Manager	— FC Sakhu
Coach	— D. Lalrintluanga

2006 —

1. 7th Okinawan Shorin Ryu National Karate Championship at Shimla, Himachal Pradesh during 22-26.4.2006

1.	Lalnunziri	Kata	— Silver
		Kumite	— Bronze
2.	Zothanpuii	Kumite	— Silver
		Kata	— Bronze
3.	Lalmalsawmi	Kumite	— Gold
		Kata	— Gold
4.	Elec Zoramthangi	Kumite	— Gold

5.	Baby Lalduhsangi	Kata	— Silver
		Kumite	— Gold
6.	Hmingthanpuia	Kata	— Silver
		Kumite	— Bronze
7.	Kapthanthanga	Kata	— Bronze
		Kata	— Gold
		Kumite	— Bronze
8.	Lalremsiama	Kumite	— Silver
		Kata	— Bronze
9.	Lalropuia	Kumite	— Silver
10.	FC Sikhu	Kata	— Silver
11.	H. Lalhriatpuia	Kumite	— Bronze
12.	C. Lalawmpuia	Kumite	— Silver
13.	Lalawmpuia	Kumite	— Bronze
14.	Michael Lalmuanawma	Kumite	— Gold
15.	C. Lalrinsanga	Kumite	— Bronze
16.	C. Lalengliana	Kumite	— Bronze

Girl's Team —

1.	Kata	— Silver
2.	Kumite	— Silver

Boy's Team —

1.	Kata	— Bronze
2.	Kumite	— Bronze

Officials –

Manager	— J. Laldawngliana
Coach	— C. Dosavunga

- Mizoram Karate Team won 5 Bronze medals in 20th AIKF National Karate Championship at Bangalore during 1-6.8.2006**
- Mizoram Karate Team won 2 Gold Medal, 1 Silver Medal, 2 Bronze Medal in 21st Annual Karate Training Camp & National Championship for Goju Ryu Karate at Mumbai during 26-30.12.2006**

2007 —

- Mizoram Karate Team won 4 Gold Medal, 5 Silver Medal & 6 Bronze Medal in 8th Okinawan Shorin Ryu National Karate Championship at Jaipur, Rajasthan during 28-31.3.2007**
- Okinawan Shorin Ryu National Karate Championship at Ranikhet, Uttaranchal during 1-4.11.2007**

1.	Vanlalchhuanawma	— 3 Gold
2.	Lalrinzuali	— 3 Gold
3.	Lalthakimi	— 2 Gold
4.	F. Lalchhuanawma	— 2 Gold
5.	Vanlalnelawma	— 2 Gold
6.	Malsawmdawngzela	— 2 Gold
7.	Vanlalthanpuia	— Gold & Silver
8.	Irene Lalchhanhimi	— Gold & Silver

9.	Lalchhandama	— Gold & 2 Bronze
10.	Babie Laldusangi	— Gold & Bronze
11.	Reuben Lalhmingmawia	— Gold
12.	Lalliantluanga Sailo	— Gold
13.	SH Lalruatfela	— Gold
14.	C. Lalrinsanga	— Gold
15.	KL Vabeikypacha	— Gold
16.	Lalropuia	— 2 Silver
17.	C. Lalengliana	— 2 Silver
18.	Zoramsangzela	— 2 Silver
19.	R. Malsawmtluanga	— 2 Silver
20.	Jonathan Lalsangliana	— 2 Silver
21.	Zodiki Khiangte	— Silver
22.	Lalbiakzuali	— Silver
23.	Zohmingliana	— Silver
24.	SR Zoramthara	— Silver
25.	Vanlalremtluanga	— Bronze
26.	Vanlalhrucia	— Bronze

2008 —

1. 22nd All India Karate-Do Federation (AIKF) Bose Stadium, Kolkata (WB) during 25-28.9.2008

Junior—

1.	FVL Hmangaihzuali	-48 Kgs	— Silver
2.	F. Laltanpuia	55.1-60 Kgs	— Bronze

Sub-Junior—

2. Laltanpuui — Bronze

Cadet—

3.	Lalrinzuata	-50 Kgs	— Bronze
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Officials –

Manager — Aldrin Lalrengpuia

Coach — R. Vanlaldika

2. All India Ken-Ei-Mabuni Shito Ryu Karate National Championship-2008 at Baroda (Vadodara), Gujarat during 6-8.12.2008

Senior—

1.	C. Lalengliana	60-65 Kgs	— Gold & Silver
2.	R. Lalruatfela	55-60 Kgs	— Gold
3.	Biaknunga	-55 Kgs	— Gold
4.	Lalropuia	-75 Kgs	— Gold
5.	H. Lalfangzauva	70-75 Kgs	— Gold
6.	R. Malsawmtluanga	65-70 Kgs	— Silver

Junior—

7.	PC Lalawmpuia	-55 Kgs	— Silver
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Sub-Junior—

8.	R. Lalremruata	— Gold
9.	Lalrinzuai	— 2 Gold
10.	Vanlalnelawma	— Gold & Silver

Cadet—

11.	Vanlalthanpuia	40-45 Kgs	— Gold
12.	Irene Lalchhanhimi	+48 Kgs	— 2 Gold
13.	Zohmingliana	55-60 Kgs	— Silver
14.	Jonathan Lalsangliana	50-55 Kgs	— 2 Gold

Officials –

Manager	— H. Lalfangzauva
Coach	— Lalropuia

2009 —

1. 10th World Shotokan Karate Do Federation of Indian National Karate Championship-2009 at Nasik (Maharashtra) during 24-28.5.2009

1.	Lalchhuansanga	-65 Kgs	— Gold
2.	C. Laltanpuui	-48 Kgs	— Gold
3.	F. Lalthanpuui	-55 Kgs	— Bronze

Officials –

Manager	— Lalramthara
Coach	— C. Hmingthangvunga

2. Seishinkai Shito Ryu National Championship-2009 at Kolkata (W. Bengal) during 26-27.8.2009

Senior—

1.	Lalrinthanga	60-65 Kgs	— Bronze
2.	Lalrotlinga	55-60 Kgs	— Bronze
3.	Lalrintluanga	50-55 Kgs	— Bronze

Cadet—

4.	Vanthangpuia	50-55 Kgs	— Bronze
5.	Vanlalduati	45-50 Kgs	— Bronze
6.	Liansiandinga	-45 Kgs	— Bronze

Officials –

Manager	— Lalrinthanga
Coach	— David MS Dawngliana

3. All India Ken-Ei-Mabuni Shito Ryu Karate National Championship - 2009 at Muzaffarpur, Bihar during 1-4.10.2009

Junior—

1.	Jonathan Lalsangliana	50-55 Kgs	Kata & Kumite	— 2 Silver
2.	Lalchhandama	65-70 Kgs		— Silver & Bronze
3.	PC Zodinthara	70-75 Kgs		— Silver
4.	Zosangpuui	Individual Kata		— Bronze
5.	Lalrinsanga	Individual Kata		— Bronze
6.	J. Vanlalenkawla	Individual Kata		— Bronze
7.	Henry Lalremmawia	Individual Kata		— Bronze

Sub-Junior—

8.	Amos Lalthazuala			— Gold
9.	F. Laldinpuui			— Gold

Cadet—

10.	Reuben Lalhmingmawia	40-45 Kgs	— Gold & Bronze
11.	Lalrinzuali	40-45 Kgs	— Gold
12.	Lalchhanhima	50-55 Kgs	— Gold & Bronze
13.	K. Derrick	Kata & Kumite	— 2 Silver

Officials –

Manager — T. Lalropuia

4. 23rd All India Karate-Do Federation Junior & Cadets National Karate Championship at Erode, Tamil Nadu during 26-28.12.2009

Junior—

1.	Lalchhandama	-76 Kgs	— Gold
2.	Lalhumhimi	-52 Kgs	— Silver
3.	Irene Lalchhanhimi	-56 Kgs	— Bronze

Cadet—

4.	Dimsannuam	-47 Kgs	— Bronze
5.	J. Vanlalenkawla	-57 Kgs	— Bronze

Officials –

Manager — J. Laldawngliana

Coach — Jonathan Lalsangliana

2010 —

1. 11th World Shotokan Karate-Do Federation of India National Karate Championship-2009 at D.C. Public School, Khandala, Maharashtra during 30.5-3.6.2010

Senior—

1.	F. Laltanpuia	55-60 Kgs	— Gold
2.	Lalrawngbawla	45-50 Kgs	— Gold

Junior—

3.	Lalchhuansanga	+65 Kgs	— Gold
4.	FVL Hmangaihzuoli	-50 Kgs	— Gold
5.	C. Laltanpuii	-48 Kgs	— Silver

Officials –

Manager — Lalremsanga Khiangte

Coach — C. Hmingthangvunga

2. 5th International Shorin Ryu Seibukan Karate Championship 2010 at Chennai during 7-8.8.2010

1.	Thangkhumi	— Bronze
2.	Zohmangaihsangi	— Bronze

Officials –

Manager — Lalrinliana

Coach — Lenghmingthanga

3. 5th All India Shito Ryu Seiki Kai Karate National Championship-2010 at Rishikesh, Uttarakhand during 30.4-2.5.2010

1.	Reuben Lalhmingmawia	— Gold
2.	Malsawmsawngzela	— Gold
3.	Lalchhandama	— Gold
4.	J. Vanlalenkawla	— Gold

5.	Irene Lalchhanhimi	— Gold
6.	Laldampaia	— Silver
7.	K. Derrick	— Silver
8.	Lallawmkimi	— Silver
9.	Lalhimpuii	— Silver
10.	Lalthakimi	— Bronze

Officials –

Manager	— H. Lalfangzauva
Coach	— Jonathan Lalsangliana

2011 —

1. 34th National Games at Jharkhand during 12-26.2.2011

1.	F Laltanpuia	(-61 Kgs)	— Bronze
2.	Lalrawngbawla	(-55 Kgs)	— Bronze

Officials –

Manager	— J. Laldawngliana
Coach	— C. Hmingthangvunga

2. 12th WSKFI National Karate Championship 2011 at Amritsar, Punjab during 21-25.5.2011

Senior—

1.	F. Laltanpuia	55-60 Kgs	— 2 Gold
2.	FVL Hmangaihzuai	-48 Kgs	— 2 Gold
3.	Lalrawngbawla	45-50 Kgs	— 2 Gold & Silver
4.	Lalremsanga Khiangte	+70 Kgs	— Bronze

Junior—

5.	Lalthuammawia	55-60 Kgs	— Gold
6.	David Rosangvunga	60-65 Kgs	— 2 Gold
7.	Gospel Laltanpuia	50-55 Kgs	— Gold
8.	C. Lalchhanhima	-50 Kgs	— 2 Gold
9.	David Malsawmtluanga	65-70 Kgs	— 2 Gold
10.	Dimsannuami	45-50 Kgs	— Gold, Silver & Bronze
11.	Zothanpuui	50-55 Kgs	— 2 Silver & 1 Bronze
12.	Lallawmzuai	55-60 Kgs	— 1 Silver & 1 Bronze

Officials –

Manager	— C. Hmingthangvunga
Coach	— Lalremsanga Khiangte

3. All India Invitational Karate-Do Championship, Federation Cup-2011 at Kolkata during 20-21.9.2011

Senior—

1.	Francis Vanlalhruaizela	60-65 Kgs	— Gold
2.	Lalnunfima	55-60 Kgs	— Gold
3.	Anush Kumar	65-70 Kgs)	— Silver
4.	Kumar Chhetri	50-55 Kgs)	— Bronze

Junior—

5.	Ruby Lalflahlui	-45 Kgs	— Gold
6.	Melody Ramdinsangi	45-50 Kgs	— Silver

7.	Vanlalmawia	50-55 Kgs	— Silver
Sub-Junior—			
8.	Ramngaihawmi		— Silver
Cadet—			
9.	Vanlalawmpuia	40-45 Kgs	— Bronze
Officials –			
	Manager	— Lalrinthanga	
	Coach	— David MS Dawngliana	

2012 —

1. 6th Shito Ryu National Karate Championship at Luangmual, Aizawl during 16–25.1.2012

Sub-Junior—			
1.	Vanlalremtluanga	-10 Yrs	— Gold & Silver
2.	Lalhlimpuia	11-12 Yrs	— Gold
3.	Malsawmdawngzela	13-15 Yrs	— Gold
4.	TS Sanga	11-12 Yrs	— Silver
5.	Laldampuia	13-15 Yrs	— Silver
6.	Lalkhawngaihi	-10 Yrs	— 2 Gold
7.	Lalhriatpuii	11-12 Yrs	— Gold & Silver
8.	Laldinpuii	13-15 Yrs	— Silver
9.	Lalnunsangi	13-15 Yrs	— Silver
Junior—			
10.	Derick B Khully	45-50 Kgs	— 2 Silver
11.	Subash Kanti	50-55 Kgs	— Silver
12.	J. Vanlalenkawla	55-60 Kgs	— Gold
13.	Lalsangliana	60-65 Kgs	— Gold
14.	J. Chakma	-40 Kgs	— Silver
15.	K. Lalsiamthari	-40 Kgs	— Gold
16.	F. Laldinpuii	45-50 Kgs	— 2 Silver
17.	S. Chakma	+50 Kgs	— Bronze
18.	Lalthakimi J	unior Girls Kata	— Bronze
Senior—			
19.	Lalrinsanga	-50 Kgs	— Gold & Silver
20.	Vanlalthanpuia	50-55 Kgs	— Bronze
21.	PC Pakunga	55-60 Kgs	— Silver
22.	Malsawmzuala	60-55 Kgs	— Gold
23.	Lalchhandama	+70 Kgs	— Gold
24.	Lalmuanpuii	-45 Kgs	— Silver
25.	K. Laltanpuii	50-55 Kgs	— Bronze
26.	Irene Lalchhandami	55-60 Kgs	— 2 Gold
27.	KL Vabeikypacha	55-60 Kgs	— Silver
28.	C. Lalengliana	70-75 Kgs	— Bronze
29.	T. Rohmingliana	+75 Kgs	— Silver
30.	Baby Laldusangi	50-55 Kgs	— Gold

31. Lallawmkimi +60 Kgs — Gold

Officials –

Manager — J. Laldawngliana
Coach — FC Sahku

2. 8th All India Shito Ryu Seiko Kai Karate-Do Championship-2012 at Talkatora Stadium, New Delhi during 20–22.4.2012

Cadet

1.	Vanlalchhuanawma	Kumite	— Gold
2.	Lalnunsangi Ngurte	Kata	— Silver
3.	F. Laldinpuii	Kumite	— Silver

Sub-Junior

1.	TS Sanga	Kumite	— Gold
2.	Lalmangaihzuala Hnamte	Kumite & Kata	— Silver & Bronze
3.	Lalhriatpuii Hnamte	Kumite	— Silver

Junior

1.	K. Lalsiamthari	Kumite	— Gold 'Best Player Girl'
2.	Lalsangliana	Kumite	— Silver
3.	Reuben Lalhmingmawia	Kumite	— Bronze

Above 18 Yrs

1.	Irene Lalchhandami		— Gold
2.	Vanlalthanpuia		— Silver

Senior

1.	PC Zodinthara	Kumite	— Bronze
2.	Lalrinsanga	Kata	— Bronze

Officials –

Manager — Sensei J. Laldawngliana
Coach — Sensei Vanlaltawka

3. 24th AIKF National Cadet & Junior Karate Championship at Talkotara Stadium, New Delhi during 18–19.5.2012

Cadet

1.	Hmangaihsangpuia		— Bronze
2.	K. Vanlalmawii		— Bronze

Officials –

Manager — C. Hmingthangvunga
Coach — R. Malsawmtluanga

4. 17th National Karate Championship–2012 at Pune, Maharashtra during 26–27.5.2012

1.	Obed Lalramthara		— Gold
2.	Esther Lalramnghinglovi		— Gold

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|-----|----------------------|----------|
| 3. | Councilthara | — Gold |
| 4. | Lallawmzuala | — Gold |
| 5. | F. Laltanpuia | — Gold |
| 6. | David Malsawmtluanga | — Gold |
| 7. | Gospel Lalthanpuia | — Gold |
| 8. | Dimsannuami | — Bronze |
| 9. | Zorinkimi | — Bronze |
| 10. | Lalrawngbawla | — Bronze |
| 11. | Lalramthara | — Bronze |
| 12. | Lalmuanawmi | — Bronze |

Champion of Champions Trophy — F. Laltanpuia

Runner's Up Trophy — David Malsawmtluanga

Official –

Coach — C. Hmingthangvunga

5. 3rd RSC Karate & Kubudo National Championship–2012 at Kochi, Kerala during 14–15.8.2012

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|----|--------------------------|-----------|----------|
| 1. | Lalruatdiki | 10-12 Yrs | — Gold |
| 2. | Lalthlanawma | 12-14 Yrs | — Gold |
| 3. | Joseph Malsawmdawngliana | -60 Kgs | — Gold |
| 4. | Zodintluanga | 12-14 Yrs | — Silver |
| 5. | Malsawmkima | 13-14 Yrs | — Silver |
| 6. | Timothy R Lalhruaihlua | 10-12 Yrs | — Silver |
| 7. | Lalbiaksanga | 10-12 Yrs | — Bronze |

Officials –

Manager — Lalneihthari

Coach — Lenghmingthanga

6. 25th AIKF Senior National Karate Championship at Talkotara Stadium, N. Delhi during 17–18.8.2012

- | | | | |
|----|----------------------|---------|----------|
| 1. | David Malsawmtluanga | –75 Kgs | — Silver |
| 2. | Lallawmzuala | –60 Kgs | — Bronze |
| 3. | FVL Hmangaihzuoli | –50 Kgs | — Bronze |

Officials –

Manager — J. Laldawngliana

Coach — C. Dosavunga

7. All India Inter-School National Karate Championship & Senior Karate Championship-2012 at Kolkata, W. Bengal during 18–20.8.2012

- | | | |
|-----|----------------------|----------|
| 1. | Melody Ramdinsangi | — Gold |
| 2. | Lalthlanhuahi | — Gold |
| 3. | Francis VL Hruaizela | — Silver |
| 4. | Nicky Zolianmawia | — Silver |
| 5. | Lalmangaihhsanga | — Silver |
| 6. | Lalrinsanga | — Silver |
| 7. | Ramngaihawmi | — Silver |
| 8. | Madev Chaturvedi | — Silver |
| 9. | Lalnunfima | — Bronze |
| 10. | Lalruatkima | — Bronze |

- | | | | |
|-----|---------------|--|----------|
| 11. | Lalremruata | | — Bronze |
| 12. | Vanlalmawia | | — Bronze |
| 13. | Liansiandinga | | — Bronze |

Officials –

- | | |
|---------|-----------------------|
| Manager | — Selbuanga |
| Coach | — David MS Dawngliana |

8. 58th National School Games-2012 at at Indore, Madhya Pradesh during 30.10-4.11.2012

- | | | | |
|----|------------------|---------|----------|
| 1. | Lalrinzuali | -52 Kgs | — Silver |
| 2. | C. Lalchhanhima | -65 Kgs | — Silver |
| 3. | Vanlalchhuanawma | -45 Kgs | — Bronze |
| 4. | Khansianmunga | -55 Kgs | — Bronze |
| 5. | Lallawmzuala | -60 Kgs | — Bronze |

Official –

- | | |
|-------------------|--------------------|
| Manager-cum-Coach | — J. Laldawngliana |
|-------------------|--------------------|

9. 1st AIFK Open National Karate Championship-2012 at New Delhi during 8-10.11.2012

- | | | | |
|----|------------------|-----------------|--------|
| 1. | F. Laldinpuii | -40 Kgs (Cadet) | — Gold |
| 2. | Zohmangaihsangi | -54 Kgs (Cadet) | — Gold |
| 3. | K. Lalsiamthari | -48 Kgs (Jr.) | — Gold |
| 4. | FVL Hmangaihzuai | -45 Kgs (Sr.) | — Gold |
| 5. | Vanlalthanpuia | -55 Kgs (Sr.) | — Gold |

Officials –

- | | |
|---------|-------------------|
| Manager | — Malsawmzuala |
| Coach | — Lenghmingthanga |

2013 —

1. 13th WSKFI National Karate Championship-2013 at Ahmednagar, Maharashtra during 22-26.5.2013

- | | | | |
|-----|-------------------------|-----------|-----------------|
| 1. | Lalremruata | 12-13 Yrs | — Gold |
| 2. | Esther Lalramnghinglovi | 14-15 Yrs | — Gold |
| 3. | Hmangaihsangpuia | 14-15 Yrs | — Gold |
| 4. | Councilthara | 16-17 Yrs | — Gold |
| 5. | Zion Lalrammawii | 16-17 Yrs | — Gold |
| 6. | C. Lalchhanhima | 18-20 Yrs | — Gold |
| 7. | Lalmuanawmi | +50 Kgs | — Gold & Silver |
| 8. | Zothanpuui | 18-20 Yrs | — Gold |
| 9. | F. Laltanpuia | 55-56 Kgs | — Gold |
| 10. | Lalrindika | 14-15 Yrs | — Silver |
| 11. | Lalramthara | +65 Kgs | — Silver |
| 12. | Zonunmawii | 18-20 Yrs | — Bronze |
| 13. | Lalrawngbawla | -55 Kgs | — Bronze |

Officials –

- | | |
|---------|-----------------|
| Manager | — F. Laltanpuia |
| Coach | — Lalramthara |

- 2. 26th AIKF Karate Championship 2013 during 11-13.9.2013 at New Delhi**
- | | | | |
|----|------------------|------------------|----------|
| 1. | Khansiammunga | -61 Kgs (Junior) | — Gold |
| 2. | Vanlalthanpuia | -55 Kgs (Senior) | — Silver |
| 3. | Hmangaihsangpuia | -52 Kgs (Cadet) | — Bronze |
| 4. | PC Vanlalruati | -58 Kgs | — Bronze |

Officials –

Manager — J. Laldawngliana
Asst. Manager — Lalramthara

- 3. 26th AIKF National Karate Championship held at Jamshedpur, Jharkhand during 15-18.1.2014**

- | | | | |
|----|------------------|--------|----------|
| 1. | F. Laltanpuia | 61Kgs | — Gold |
| 2. | FVL Hmangaihzuai | 50 Kgs | — Silver |

Officials –

Manager — TBC Hnuna
Coach — FC Sakhu

- 4. 8th National Karate & Kobudo Championship 2014 at Chennai (Tamil Nadu) during 22-23.2.2014**

- | | | | |
|----|---------------------|--------------------|----------------------------------|
| 1. | Lalchhuanliana | Sub-Junior | — Gold |
| 2. | Lalruatdiki | Cadet | — Gold |
| 3. | Lalruathlui | Children | — Gold & Bronze |
| 4. | Jacob Vanhruailiana | Senior (60-70 Kgs) | — Silver (Kata), Bronze (Kumite) |
| 5. | Rosangliana | Junior | — Silver (Kumite), Bronze (Kata) |

Officials –

Manager — Lalneihthari
Coach — Lenghmingthanga

2014 —

- 1. 14th WSKFI National Karate Championship at Khandala, Maharashtra during 12-16.5.2014**

- | | | |
|-----|------------------------|----------|
| 1. | F. Laltanpuia | — Gold |
| 2. | Zochhuanawma | — Gold |
| 3. | Dimsannuami | — 2 Gold |
| 4. | Vanlalthanawma | — Silver |
| 5. | Lalremruati Ralte | — Silver |
| 6. | Lalhruaizela | — Silver |
| 7. | Lalramthara | — Bronze |
| 8. | Lalrawngbawla | — Bronze |
| 9. | Lalruatmawia | — Bronze |
| 10. | John Bunyan Lalrinawma | — Bronze |

Official –

Lalramthara

- 2. National Karate Championship (Sub-Junior Cadet, Junior & U-21) 2014 at N. Delhi during 30.5-1.6.2014**

- | | | | |
|----|--------------|------------------|----------|
| 1. | Zorinkima | +68 Kgs (Junior) | — Bronze |
| 2. | Lallawmzuala | -68 Kgs (U-21) | — Bronze |

3.	Lalsangliana	-78 Kgs (U-21)	— Bronze
4.	Lalmuanawmi	-53 Kgs (U-21)	— Bronze
5.	Zonunmawii	-60 Kgs (U-21)	— Bronze

Officials –

Manager	— Lalnunhlua
Coach	— FC Sakhu

3. 10th Independence Day Cup Karate Championship at Talkatora Stadium, N. Delhi during 16-17.8.2014

1.	Melody Ramdinsangi	(Cadet) Kumite (47 Kgs) Kata	— Gold — Bronze
2.	Ruthi VL Ruatdiki	Below 8 Yrs (Sub-Junior) Kumite	— Gold
3.	Lalrinsanga	68 Kgs (Junior) Kumite Kata	— Gold — Gold
4.	Lalrinzuali	-55 Kgs (Senior) Kumite	— Bronze — Bronze
5.	Irene Lalchhanhimi	Senior Kumite (55 Kgs) Kata	— Bronze — Silver

Officials –

Manager	— R. Lalbiakdiki
Asst. Manager	— Veronika Zikpuii
Coach	— Malsawmzuala

2015 —

1. KAI Senior National Karate Championship 2015 at New Delhi during 18-20.2.2015

1.	Lalrinzuali	+55 Kgs	— Silver
2.	FVL Hmangaihzuoli	-45 Kgs	— Bronze

Officials –

Manager	— Nunhluna
Coach	— C. Dosangvunga

2. KAI National Cadet, Junior & Under-21 Karate Championship 2015 at New Delhi during 2-3.5.2015

1.	Hmangaihsangpuia	-55Kgs Junior Male Kumite	— Gold
2.	Lalrinsanga	Junior Male Open Kata	— Silver
3.	PC Vanlalruati	55 Kgs (U-21 Female) Kumite	— Silver
4.	Ramthangmawii	+54 Kgs (Cadet Female) Kumite	— Bronze
5.	C. Lalchhanhima	-67 Kgs (U-21 Male) Kumite	— Bronze

Official –

Manager-cum-Coach	— TC Lalremsiama
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3. 18th National Karate Championship at Pune, Maharashtra during 16-17.5.2015

1.	FVL Hmangaihzuoli	-45 Kgs (Senior)	— Gold
2.	Lalremruati	12-13 Yrs.	— Gold
3.	Vanlalhlhanawma	-55 Kgs (U-21)	— Gold
4.	Laltanpuia	-55 Kgs (U-21)	— Gold
5.	Jessie Lalnuntluanga	-60 Kgs (U-21)	— Gold
6.	Lalramthara	-67 Kgs (Senior)	— Gold

7.	Zonunmawii	-55 Kgs (Senior)	— Silver
8.	C. Lalchhanhima	-67 Kgs (U-21)	— Silver
9.	F. Laltanpuia	-60 Kgs (Senior)	— Silver

Officials –

Manager	— Lalnunhluna
Coach	— Lalramthara

4. 11th All India Independence Cup National Karate Championship 2015 at Talkatora Stadium, N. Delhi during 22-23.8.2015

1.	C. Lalremruati	Sub-Jr. Girls 8yrs. Kumite	— Gold
2.	Jacob VL Malsawma	Sub-Jr. Boys 9yrs. Kumite	— Gold
3.	Lalduhsangi	Sub-Jr. Girls 12yrs. Kumite	— Gold
4.	Lalhmunsiamia	Sub-Jr. Boys 12yrs. Kumite	— Gold
5.	Jessica Lalremsangi	Sub-Jr. Girls 11yrs. Kumite	— Silver
		Kata	— Bronze
6.	Vanlalthlanpuia	Sub-Jr. Boys 13yrs. Kumite	— Silver
7.	Ramngaihawmi	Jr. Girls -53Kgs. Kumite	— Silver
		Kata	— Silver
8.	Lalrinzuali	Sr. Women -55Kgs. Kumite	— Silver
		Kata	— Silver
9.	Lalrinsanga	Jr. Boys -61 Kgs. Kumite	— Bronze
10.	Tiangdingliana	Sr. Men -50 Kgs. Kumite	— Bronze
11.	Malsawmzuala	Sr. Men -67 Kgs. Kumite	— Bronze

Officials –

Manager	— C. Kapthanmawia
Coach	— Malsawmzuala

5. Karate Association of India (KAI) Sub-Junior National-cum-Selection for 8th Commonwealth Karate Championship 2015 at New Delhi on 17th September, 2015

1.	Lalduhsangi	+39 Kgs (Sub-Junior Girls 11yrs.)	— Gold
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Officials –

Manager	— TBC Hnuna
Coach	— C. Hmingthangvunga & Lalramthara

2016 —

1. KAI Senior National Karate Championship 2015-16 at Adlux International Convention Centre, Kerala on 14.02.2016

1.	Zonunmawii	+68 Kgs	— Silver
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Official –

Manager-cum-Coach	— Lalropuia
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2. All India Seiko Kai Karate National Championship 2016 at Dharamshala, Himachal Pradesh during 10-12.6.2016

1.	Melody Lalremruati	Sub-Jr. Girls, 9 Yrs Kumite	— Gold
		Kata	— Gold
2.	Lalrinzuali	Sr. Female, -60 Kgs Kumite	— Gold
		Kata	— Gold

3.	Lalrinsanga	Sr. Male Open Kata	— Gold
4.	Lalsangliana	Sr. Male, -75 Kgs Kumite	— Gold
5.	Lalsiamthari	Sr. Female, -50 Kgs Kumite	— Gold
6.	Benjamin Lalthiamsanga	Sub-Jr. Boys, 12 Yrs Kumite	— Gold
7.	Neeraj Kumar	Sub-Jr. Boys, 12 Yrs Kata	— Gold
8.	Emmanuel Lalrozami	Sub-Jr. Girls, 11 Yrs Kata	— Gold
9.	Lalhruaizela	Sub-Jr. Boys, 11 Yrs Kumite	— Silver
10.	F. Laldinpuii	Sr. Female, -50 Kgs Kumite	— Silver
11.	Reuben Lalhmingmawia	Sr. Male, -60 Kgs Kumite	— Bronze

Officials –

Manager	— Lalnunhluna
Coach	— Sensei Lalropuia

3. KAI Sub-Junior, Cadet, Junior & Under-21 Years National Karate Championship 2016 held at N. Delhi during 20-22.5.2016

1.	Lalrinzuali	U-21 (Individual) Kata	— Gold
2.	Melody Ramdinsangi	Junior (-52Kgs.) Kumite	— Gold
3.	Zonunmawii	U-21 (+68) Kgs (Individual) Kata	— Silver
4.	Vanlalthlanpuia	Cadet (-52) Kgs. Kumite	— Silver
5.	Lalduhsangi	11 Years Kumite	— Silver
6.	Lalsangliana	U-21 Yrs. (-75 Kgs.) Kumite	— Bronze

Officials –

Manager	— TC Lalremsiama
Coach	— Sensei Lalropuia

4. 4th Regional Sports Centre Cup Karate National Championship 2016 at Kadavanthra, Cochin during 19-20 November, 2016

1.	Lalrindiki	Girls 12 Yrs — Gold (Kata), Gold (Kumite)
2.	R. Lalruathlui	Girls 10 Yrs — Gold (Kata), Gold (Kumite)
3.	Lalchhuanmawia	Boys 17 Yrs (-55 Kgs) — Gold (Kata), Gold (Kumite)
4.	Rosangliana	Boys 17-20 Yrs — Gold (Kata), Gold (Kumite)
5.	Vanlalchhandama	Boys 12 Yrs — Gold (Kumite), Bronze (Kata)
6.	C. Lalbiaksanga	Boys-17 Yrs — Gold
7.	PC Lalremruati	Girls 13 Yrs — Silver
8.	Lalremruati	Girls 13 Yrs — Bronze

Official –

Manager cum Coach — Lenghmingthanga

2017 —

1. 17th WTSKF All India Karate Championship at Pune, Maharashtra during 24-28.5.2017

1.	FVL Hmangaihzuai	Senior -50 Kgs Kumite	— Gold
		Kata Open	— Bronze
2.	Hmangaihsangpuia	Senior -60 Kgs (-21 Yrs.) Kumite	— Gold
3.	Ramdinthara	Senior 60-65 Kgs (-21 Yrs.) Kumite	— Gold
4.	Lalnunsangi	Cadet -65 Kgs Kumite	— Gold
5.	Lalrawngbawla	Senior -55 Kgs Kumite	— Bronze
6.	Lalchhanchhuahi	Senior +55 Kgs (-21 Yrs.) Kumite	— Bronze

Officials –

Manager cum Coach — FVL Hmangaihzualli

2. KAI Junior National Karate Championship 2017 at N. Delhi during 10-13.5.2017

1.	Melody Lalremruati	Sub-Jr. 10 Yrs. (+30 Kgs.)	— Gold
2.	Joseph Lalruatfela	Sub-Jr. 12 Yrs. (-35 Kgs.)	— Gold
3.	Joseph Lalrinzuala	Sub-Jr. 11 Yrs. (+35 Kgs.)	— Bronze
4.	Ricky Lalmuansanga	Sub-Jr. 10 Yrs. (-30 Kgs.)	— Bronze

Officials –

Manger — Lalnunhluna
Coach — Sensei Lalramthara

2018 —

1. KAI Junior National Karate Championship for Cadet/Junior & Under 21 Yrs. At Talkatora Stadium, N. Delhi during 30.1-2.2.2018

1.	Ramthangmawii	Jr. Female Kumite (+59 Kgs)	— Silver
2.	F. Laldinpuii	U-21 Yrs. Female Kumite (68 Kgs)	— Bronze

Officials –

Manager — Lalnunhluna
Coach — Sensei Lalropuia

2. KAI Sub-Junior National Karate Championship 2018 at N. Delhi during 20-22.4.2018

1.	Daniel Ramdinmaia	12Yrs (-30 Kgs) Male Kumite	— Gold
2.	Lalrinchhana	10Yrs (-30 Kgs) Male Kumite	— Gold
3.	Samjhana Gurung	10Yrs (-30 Kgs) Female Kumite	— Bronze
4.	Emmanuel Lalrozami	13 Yrs. Female Open Kata	— Bronze
5.	K. Lalruatfela	11Yrs (-35 Kgs) Male Kumite	— Bronze
6.	Joseph Lalruatfela	13Yrs (-40 Kgs) Male Kumite	— Bronze

Officials –

Sensei Lalramthara, Sensei Lalropuia & Sensei Lalrinzuali

3. 18th WTSKF National Karate Championship 2018 held at Khandala, Maharashtra during 28.5 – 1.6.2018

1.	Lalrawngbawla	-55 Kgs. (Senior Indv. Kumite)	— Gold
3.	Lydia Nunthianghlimi	-45 Kgs (Under 21 Yrs. Indv. Kumite)	— Gold
4.	F. Lallawmzuala	14-15Yrs (+47 Kgs Indv. Kumite)	— Silver
5.	Ramthangmawii	18-20yrs (+48 Kgs Indv. Kumite)	— Bronze
6.	Dosangzuala	10-11yrs (-35 Kgs Indv. Kumite)	— Bronze

2019 —

1. 5th RSC National Karate Kobudo Championship 2019 held at Regional Centre, Kadavanthra, Kerala during 16-17.2.2019

1.	C. Khawrohmingthanga	Sr. Color Belt Event -60 Kgs	— 2 Gold 1 Silver
2.	B. Lalchhanhima	Jr. Male Kumite -55 Kgs	— 3 Gold
3.	C. Lalruatsangai	Sub. Jr. Color Belt Event	— 2 Gold
4.	Lalpekhlua	Sub. Jr. Color Belt Event	— 2 Gold
5.	Rosangliana	Sr. Black Belt Event -67 Kgs	— 3 Silver
6.	Lalchhuanmawia	Sr. Black Belt Event -55 Kgs	— Silver 1 Bronze 2

7. C. Lalbiaksanga Sr. Black Belt Event -67 Kgs — Silver

Officials –

Sensei Lenghmingthanga & Sensei R. Lalkhawngaihi

2. KAI Junior National Karate Championship 2019 at Guwahati, Assam during 5-7.4.2019

1.	Ramthangmawii	U-21 Female Individual Kumite -68 Kgs	— Silver
2.	Hmangaihsangpuia	U-21 Male Individual Kumite -60 Kgs	— Bronze
3.	Melody Ramdinsangi	U-21 Female Individual KATA	— Bronze
4.	Lalruatmawia	Junior Male Individual Kumite -61 Kgs	— Bronze
5.	Lalhmunmawia Sailo	Cadet Male Individual Kumite -52 Kgs	— Bronze

Officials –

Team Coach — Sempai Lalrinzuali
Team Manager cum Technical Official — Sensei Lalramthara
Technical Officials — Sensei Lalropuia & Shihan C. Dosavunga

3. All India Seikokai National Karate Championship 2019 at Guwahati, Assam during 15-17.6.2019

1.	Samjhana Gurung	Sub Junior 10-11 Yrs. -35 Kgs. Kumite	— Gold
		Sub Junior 11 Yrs. Girls Kata	Gold
2.	Malsawmsanga	Sub Junior 10-11 Yrs. -40 Kgs. Kumite	— Gold
3.	Emmanuel Lalrozami	Cadet 14-15 Yrs. Female Kata	— Gold
4.	Vanlalvenhimi	Cadet 14-15 Yrs. Female Kumite -47 Kgs.	— Gold
5.	Vanlalthlanpuia	Junior -67 Kgs. Kumite	— Gold
6.	Andrew Lalawmpuia	Sub Junior 13 Yrs. Boys Kata	— Silver
7.	Jeremy Lalthlanawma	Cadet 14-15 Yrs. Boys Kata	— Bronze
8.	Hmangaihzuai Bawitlung	Sub Junior Under 8 Yrs. Kumite	— Bronze
		Sub Junior Under 8 Yrs. Kata	— Bronze
9.	C. Lalthantluangi	Junior 16-17 Yrs. Kumite -59 Kgs.	— Bronze
10.	Lalkrossmawii	Cadet 14-15 Yrs. Female -54 Kgs. Kumite	— Bronze
		Cadet 14-15 Yrs. Female kata	— Bronze
11.	Z.T Sena	Senior Men Kumite -67 Kgs.	— Bronze
12.	Tlangdingliana	Senior Men Kumite -60 Kgs.	— Bronze
13.	Erica Malsawmtluangi	Sub Junior 10-11 Yrs. Girls	— Bronze
14.	Ruthi Vanlalruatdiki	Sub Junior 12-13 Yrs. Kumite -45 Kgs.	— Bronze

Officials -

Team Manager — Lalropuia
Team Coach — Sensei H. Lalfangzauva
Astt. Coaches — Sempai Vanlalthlanpuia & Sempai H. Lalrinawma

4. KAI Sub Junior/ Senior National Karate championship 2019 at Delhi during 10-13.6.2019

1.	Melody Lalremruati	Sub Junior 11 Yrs. Kumite	— Silver
2.	R. Lalsangzuali	Sub Junior 13 Yrs. Kumite	— Silver
3.	Vanlalsiamkima	Sub Junior 10 Yrs. Kata	— Bronze
4.	Lalrinzuali	Senior Kumite -55 Kgs	— Bronze

Officials -

Manager

— Sensei Malsawmzuala

Coach

— Sensei R. Malsawmtluanga