



MIZORAM STATE SPORTS COUNCIL

"An autonomous and statutory organisation constituted by the Government of Mizoram"

D-24, M.G Road, Upper Khatla, Aizawl - 796001

✉ sportsCouncil76@gmail.com

🌐 www.sportscouncil.mizoram.gov.in

☎ 0389 - 2322846

No. PP-228/1/MSSC/2026/19

Aizawl the 17th March, 2026

ADVERTISEMENT

Mizoram State Sports Council chuan **Non-Residential Coaching programme**-a tel duh tan a hnuaia Sports Discipline hrang hrangah hian Admission a hawng leh ta a. He Coaching-a tel duh naupang **kum 17 hnuaia lam tan, April ni 2, 2026** ral hmian MSSC Office-ah dilna thehluh theih a ni.

Dilna form hi MSSC Office-ah Office hun chhungin lak theih a ni a, MSSC Website - sportscouncil.mizoram.gov.in atangin download theih a ni bawk e. **Dilna theh lutte atangin Try-Out neih leh a ni ang.**

Coaching pekna tur Sports Discipline leh Coaching Centre-te chu -

Sl.No.	SPORTS DISCIPLINE	COACHING CENTRE
1	Athletics	Rajiv Gandhi Stadium, Mualpui
2	Basketball	Hawla Indoor Stadium, Republic Vengthlang
3	Boxing	Boxing Hall, Hawla Indoor Stadium, Republic Vengthlang
4	Football	1. Ramhlun Sports Complex 2. MSSC Sports Complex - Lengpui, 3. MSSC Sports Complex - Muallungthu 4. 1st MAP Football Ground - Armed Veng
5	Hockey	MSSC Sports Complex - Muallungthu
6	Judo	1. Mizoram Judo Hall - Zemabawk North 2. TNT Judo Hall - Muanna Veng
7	Table Tennis	MTT Hall - Mission Veng
8	Tennis	Tennis Court - Ramhlun Sports Complex
9	Weightlifting	1. Weightlifting Hall - Ramhlun Sports Complex 2. TNT Weightlifting Hall - Muanna Veng
10	Wrestling	1. Regional Sports Training Centre, Saidan, Kolasib 2. Wrestling Hall - Ramhlun Sports Complex

sd/- HENRY C. LALRAWNKIMA

Secretary

Mizoram State Sports Council

Aizawl the 17th March, 2026

Memo No. No. PP-228/1/MSSC/2026/19

Copy to:-

1. P.S to President, MSSC & Minister, Sports & Youth Services for kind information to the President, MSSC.
2. Coaches & Trainers concerned for information & necessary action.
3. Web Manager, MSSC for uploading on MSSC website.
4. Relevant file.


Secretary

Mizoram State Sports Council



**MIZORAM STATE SPORTS COUNCIL (MSSC)
COACHING APPLICATION FORM**

Paste
Passport size
photo here

DISCIPLINE APPLIED FOR _____

CENTRE _____

1. Name of Applicant
(In Block letters) : _____
2. Address for Communication : _____

3. Telephone No. : _____
4. Email (If any) : _____
5. Permanent Address : _____

6. Educational Standard : _____
7. Date of Birth : _____
(Attach attested photo copy of
Birth Certificate or Aadhaar)
8. Gender (Male/Female) : _____

(_____)
Signature of the Applicant

(_____)
Name & Signature of Coach

- **Remarks of Sports Promotion Officer
with Signature** :

SEAL	ADMITTED / NOT ADMITTED
	Secretary (or Authorized Signatory) Mizoram State Sports Council

RULES & REGULATIONS overleaf



RULES AND REGULATIONS

(For admission into Non-Residential Sports Coaching Programme under the Mizoram State Sports Council)

1. Training will be provided for children below 17 years. Elite and promising athletes will also be provided training on need basis.
2. The applicants must be physically and mentally sound.
3. All applicants must be accompanied by a letter of permission and acceptance of all terms and conditions and rules and regulations laid down by the MSSC by the parents/guardians of all applicants.
4. The applicant should sign an undertaking to the effect that among others, the MSSC shall have no liability towards payment of compensation or claims for medical reimbursement in case of injuries sustained or loss of life during training.
5. The trainees must agree to bear all expenses for conveyance to and from the training centres which may be changed from time to time.
6. The trainees must provide for themselves all training gear and equipment.
7. The trainees must abide by all rules, instructions and directions of authorities during the programme. Any trainee not complying to such rules and instructions shall be dismissed from the coaching programme and may also be barred from admission to any other future trainings conducted by the MSSC. If any criminal offense is committed by any trainees, they shall be dealt with as per provisions established by existing laws.
8. A trainee shall be liable to be expelled from the programme for any case or cases of indiscipline or any case of inappropriate behaviour as defined by appropriate authorities.

I have read and agree to abide by the rules and regulations prescribed by the Mizoram State Sports Council.

Signature of Father/Mother/Gurdian

Signature of Applicant

Name _____

Name _____



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FORM OF DECLARATION/UNDERTAKING FOR ADMISSION IN THE MIZORAM STATE SPORTS COUNCIL(MSSC) NON-RESIDENTIAL COACHING PROGRAMME

I, _____, aged _____ years, s/o,
d/o _____ having permanent residential address _____
do hereby undertake on this day,
the _____ as follows:

1. I hereby declare that I, on my own will & wish, seek Admission in the MSSC Non-Residential Coaching Programme.
2. I hereby declare that I have informed my parents/guardians about my admission in the MSSC NRC Programme and they have given their assent without any objection.
3. I hereby declare that the certificates produced by me, especially pertaining to my age proof, are genuine.
4. I hereby declare that the MSSC shall have no liability towards payment of compensation or claims for medical reimbursement in case of injuries sustained or loss of life.
5. I hereby declare that I shall not be involved in any of the anti-sports activities, like doping and unfair play.
6. I shall be solely responsible for any of the illegal activities like sexual-based offences or violence committed during the programme.
7. I hereby declare that I will neither indulge in nor tolerate ragging in any form, even in words or intentions.
8. I hereby declare that I shall not join/register/affiliate myself to any other Coaching programmes, Sports Institution/Team/Club or Sports programmes without obtaining prior permission from the MSSC NRC Programme Authorities.
9. I also declare that I do not suffer from any serious/contagious ailment and/or any psychiatric/physiological disorder.
10. I hereby declare that I shall be solely responsible for my involvement in any kind of undesirable activities or indiscipline during the programme and shall be liable for punishment as per provisions established by existing laws. I further understand that the MSSC shall in no way provide any support to me and will not be held responsible for my any such action.
11. I hereby declare that I shall abide by all rules and regulations, instructions and directions of the MSSC NRC Programme Authorities.
12. I, further declare that, my Admission in the MSSC NRC Programme may be cancelled at any stage, if I am found violating the above declaration or if I am found ineligible and or the information provided by me are found to be incorrect.

Place: _____

Date: _____

Signature of the Trainee



MIZORAM STATE SPORTS COUNCIL : AIZAWL : MIZORAM

TRAINEE PROFILE

*Attached
Passport size
photo*

DISCIPLINE : _____
NAME OF COACH : _____
TRAINING VENUE : _____

PERSONAL INFORMATION

Name	:	
Gender	:	
Father's/Mother's Name	:	
Guardian Name	:	
Permanent Address	:	
Current Address	:	
Contact No(s)	:	(i) _____ (ii) _____
Email (if any)	:	
Date of Birth (dd/mm/yy)	:	
Blood Group	:	
Height (in feet / cm)	:	
Weight (in kilogram)	:	

EDUCATIONAL BACKGROUND

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SPORTS EXPERIENCE

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MEDICAL HISTORY, If any

- | | | | |
|---------------------------------------|--|--|--------------------------------------|
| ☐ Asthma | ☐ Heart disease | ☐ Respiratory problem | ☐ Diabetes |
| ☐ Hypertension | ☐ Anemia | ☐ Bone fracture | ☐ Head injury |
| ☐ Eye problem | ☐ Ulcer/IBS | ☐ Menstrual problem | |

Date : _____
Place : _____

Signature of Trainee

Signature of Coach

Sports Promotion Officer
Mizoram State Sports Council



MIZORAM STATE SPORTS COUNCIL

ADMISSION OPEN FOR MSSC NON-RESIDENTIAL COACHING PROGRAMME

Age Limit : Below 17 Yrs

MSSC-MRG

AT AIZAWL

- ATHLETICS
- BASKETBALL
- BOXING
- FOOTBALL
- HOCKEY
- JUDO
- TABLE TENNIS
- TENNIS
- WEIGHTLIFTING
- WRESTLING

AT KOLASIB

- WRESTLING

Dil theih hun | 2nd April, 2026 thleng

Dilna hi April ni 2, 2026 ral hmain MSSC office-ah thehluh tur a ni.

Admission forms available at:-

- MSSC Office during office hours
- MSSC website - <https://sportsCouncil.mizoram.gov.in>