

**Achievements of
Mizoram Athletics Association
REGIONAL LEVEL CHAMPIONSHIPS**

1994 –

- 1. VIII North East Sports Festival at Shillong, Meghalaya during 12-22.3.1994**
1. Zodintluangi (Javelin) — Silver

1995 –

- 1. IX North East Sports Festival at Agartala, Tripura during 25.2-1.3.1995**
1. Zodintluangi (Javelin) — Silver

1988 –

- 1. North Zone Junior Athletic Meet at Chandigarh, Punjab**
1. Lalneihkimi Chhangte
a) Shot Put — Gold
b) Javelin Throw — Gold
c) 100M Hurdles — Silver
d) Discuss Throw — Bronze

Lalneihkimi was declared **“The Best Athlete”**

2000 –

- 1. North East Sports Festival at Tinsukia, Assam during 29.1-1.2.2000**
1. Zodintluangi — Bronze

2007 –

- 1. 1st North East Zone Junior Athletics Championship at Imphal, Manipur during 28-30.8.2007**
1. David Lalkhawngaiha (Discuss Throw) — Silver
2. K. Lalmangaihzuala (Discuss Throw) — Bronze
3. K. Lalawmpuia (10000 M) — Bronze
4. K. Lalawmpuia (500 M) — Bronze
5. Zodinsangi (3000 M) — Silver
6. Zodinsangi (5000 M) — Bronze

2008 –

- 1. XII North East Games-2008 at Guwahati, Assam during 30.1-2.2.2008**
1. R. Vanlalruata (Discuss) — Silver
- 2. 2nd North East Junior Athletics Championship at Guwahati (Assam) during 14-16.7.2008**
1. Johny Vanlalruatsanga (High Jump) — Silver

2. Lalramliani
 - a) Discuss Throw — Silver
 - b) Shot put — Silver
3. David Lalkhawngaiha (Discuss Throw) — Bronze
4. Zodinlangi (3000M) — Bronze

2010 –

1. 22nd East Zone Junior Athletic Championship during 1-3.8.2010

1. David Lalkhawngaiha (Discuss Throw) — Gold
2. Vanlalpeka (3000M) — Silver
3. Vanlalruati Sailo (Shot Put) — Bronze
4. Johny Vanlalruatsanga Sailo (Triple Jump) — Bronze
5. Ramtharngaki (600M) — Bronze

2011 –

1. 23rd East Zone Junior Athletics Championship at Kolkata (W. Bengal) during 1-3.8.2011 Under 18 –

1. Ramengmawii Sailo (Discuss Throw) — Silver
2. Vanlalpeka (1500M) — Bronze
3. Vanlalruati Sailo (Shot Put) — Bronze

Under 20 –

4. David Lalkhawngaiha (Discuss Throw) — Bronze

2. 25th N.E. Games Arunachal Pradesh - 2011 during 25-30.4.2011

1. R. Vanlalruata (Discuss Throw) — Gold
2. Ramtharngaki (1500M) — Bronze

Officials –

Lalnunhluna & Ponty Lalramtluangi

2012 –

1. 26th N.E. Games Aizawl-2012 during 20-23.3.2012

1. Vanlalpeka (1500M) — Gold
2. Vanlalruata (Discuss Throw) — Gold
3. Lalnuntluangi (10000M) — Gold
4. Zodinlangi (Javelin Throw) — Gold
5. K. Lalawmpuia (10000M) — Silver
6. Ramengmawii Sailo (Shot Put) — Silver
7. Vanlalpeka (800M) — Bronze
8. K. Lalrinfela (Shot put) — Bronze
9. Lalrinzuala (High Jump) — Bronze
10. Ramtharngaki (800M) — Bronze
11. Ramengmawii Sailo (Discuss throw) — Bronze
12. Ramengmawii Sailo (Javelin) — Bronze

13. **4x100M Relay Team** — Bronze

- a) R Lalnunhlimi
- b) Lalsangliani
- c) LaIngaihzuali
- d) Lalnunpuii

Officials —

Lalngilneia & V. Zothanbuangi

2. 24th East Zone Junior Athletics Championship at Kolkata, W. Bengal during 4-6.9.2012

- 1. Zion Lalramngaihzuala U-14 — Gold
- 2. Johny Vanlalruatsanga U-20 — Silver
- 3. Vanlalpeka U-18 — Bronze
- 4. Lalbiakhlui U-14 — Bronze

2013 —

1. 27th NE Games 2012-2013 held at Imphal, Manipur during 8-11.4.2013

- 1. Winkle Laltlanchhunga (Discuss Throw) — Silver
- 2. Vanlalpeka (500 M) — Bronze

Officials —

Lalnunhluna & C. Lalroliana

2. 25th East Zone Junior Athletics Championship at Ranchi, Jharkhand during 17-19.8.2013

- 1. Ramengmawii Sailo Discuss Throw — Gold
- Shot Put — Silver

Official —

Manager cum Coach — C. Lalroliana

2014 —

1. 26th East Zone Junior Athletics Championship at Kolkata, W. Bengal during 20-21.9.2014

- 1. Zion Ramngaihzuala Javelin — Gold
- High Jump — Gold
- 2. Vanlalpeka 3000M Race — Bronze
- 800M Race — Bronze

Officials —

Manager — Lalnunsangi

Coach — C. Lalroliana

2. 28th National NE Games 2014-15 at Chimpu, Itanagar, Arunachal Pradesh during 10-13.12.2014

Men's Team—

- 1. Vanlalpeka 1500M — Gold
- 800M — Silver

