Achievements of **Mizoram Athletics Association**

REGIONAL LEVEL CHAMPIONSHIPS

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		1994 –			
1.	VIII North East Sports Festival a			1994	
	 Zodintluangi (Javelin) 	– Silv	er		
		1995 –			
1.	IX North East Sports Festival at		_	5	
	1. Zodintluangi (Javelin)	— Silv	er		
		1988 –			
1.	North Zone Junior Athletic Meet at Chandigarh, Punjab				
	 Lalneihkimi Chhangte 				
	a) Shot Put	— Go	d		
	b) Javelin Throw	— Go	d		
	c) 100M Hurdles	— Silv	er		
	d) Discuss Throw	— Bro	onze		
	Lalneihkimi was declared "1	The Best Athlet	e"		
		2000 –			
1.	North East Sports Festival at Tir	ısukia, Assam d	uring 29.1-1.2.2000		
	1. Zodintluangi	-	onze		
		2007 –			
1.	1 st North East Zone Junior A		nionshin at Imphal. I	Maninur during 28	
	30.8.2007	itilicates citati	promonip at impliar, .	mampar daring 20	
	David Lalkhawngaiha	(Discuss Thro	ow) — Silver		
	2. K. Lalhmangaihzuala	•	ow) — Bronze		
	3. K. Lalawmpuia	(10000 M)	– Bronze		
	4. K. Lalawmpuia	(500 M)	Bronze		
	5. Zodinsangi	(3000 M)	Silver		
	6. Zodinsangi	(5000 M)	— Bronze		
1.	XII North East Games-2008 at G	2008 – uwahati. Assan	n during 30.1-2.2.2008		
	1. R. Vanlalruata	(Discuss)	— Silver		
2.	2 nd North East Junior Athletics (Championship a	ıt Guwahati (Assam) dı	uring 14-16.7.2008	

(High Jump) — Silver

1. Johny Vanlalruatsanga

- 2. Lalramliani
 - a) Discuss Throw

Silver

b) Shot put

Silver

- 3. David Lalkhawngaiha
- (Discuss Throw) Bronze
- 4. Zodinsangi (3000M)

Bronze

2010 -

1. 22nd East Zone Junior Athletic Championship during 1-3.8.2010

- 1. David Lalkhawngaiha
- (Discuss Throw) Gold

Vanlalpeka 2.

- (3000M)
- Silver

- 3. Vanlalruati Sailo
- (Shot Put)
- Bronze

4. Johny Vanlalruatsanga Sailo

Ramengmawii Sailo

- (Triple Jump)
- Bronze

- 5. Ramtharnghaki
- (600M)
- Bronze

2011 -

23rd East Zone Junior Athletics Championship at Kolkata (W. Bengal) during 1-3.8.2011

Under 18 —

1.

(Discuss Throw) — Silver

Vanlalpeka 2.

- (1500M) Bronze
- 3. Vanlalruati Sailo
- (Shot Put) Bronze

Under 20 —

- David Lalkhawngaiha
- (Discuss Throw) Bronze

25th N.E. Games Arunachal Pradesh - 2011 during 25-30.4.2011

- 1. R. Vanlalruata
- (Discuss Throw) Gold
- Ramtharnghaki 2.
- (1500M) Bronze

— Gold

Officials —

Lalnunhluna & Ponty Lalramtluangi

2012 —

26th N.E. Games Aizawl-2012 during 20-23.3.2012 1.

- Vanlalpeka (1500M)
 - (Discuss Throw) Gold 2. Vanlalruata
 - Gold 3. (10000M) Lalnuntluangi
 - 4. Zodintluangi (Javelin Throw) — Gold
- K. Lalawmpuia (10000M) Silver
- Ramengmawii Sailo (Shot Put) Silver 6.
- 7. Vanlalpeka (M008) Bronze
- 8. K. Lalrinfela (Shot put) Bronze 9. Lalrinzuala (High Jump) Bronze
- 10. Ramtharnghaki (M008) Bronze
- 11. Ramengmawii Sailo (Discuss throw) — Bronze
- 12. Ramengmawii Sailo (Javelin) Bronze

	a) R Lalnunhlimib) Lalsanglianic) Lalngaihzuali				
	d) Lalnunpuii				
	Officials —	αi			
	Lalngilneia & V. Zothanbuang	gı			
2.	24 th Fast Zone Junior Athletics Cl	hamnionshin at I	Kolkata, W. Bengal during 4-6.9.2012		
	Zion Lalramngaihzuala	U-14	— Gold		
	2. Johny Vanlalruatsanga	U-20	— Silver		
	3. Vanlalpeka	U-18	— Bronze		
	4. Lalbiakhlui	U-14	— Bronze		
	Laibiakiiai	0 1 .	5161126		
		2013 —			
1.	27 th NE Games 2012-2013 held at Imphal, Manipur during 8-11.4.2013				
	 Winkle Laltlanchhunga 	(Discuss Throw	y) — Silver		
	2. Vanlalpeka	(500 M)	— Bronze		
	Officials —				
	Lalnunhluna & C. Lalrolian	a			
_	25th Fact Zana Jamian Athlatics Cl		Danahi Ibanlahand duning 47 40 0 2042		
2.	25 East Zone Junior Athletics Ci	nampionsnip at i	Ranchi, Jharkhand during 17-19.8.2013		
	Ramengmawii Sailo	Discuss Throw	— Gold		
		Shot Put	— Silver		
	Official —				
	Manager cum Coach — C. La	Iroliana			
_	acth	2014 —			
1.			Kolkata, W. Bengal during 20-21.9.2014		
	1. Zion Ramngaihzuala	Javelin	— Gold		
		High Jump	— Gold		
	2. Vanlalpeka	3000M Race	— Bronze		
	2. Valliaipeka	800M Race	— Bronze		
	Officials —	Sooivi Nace	— 6101126		
	Manager — Lalnunsangi				
	Coach — C. Lalroliana				
	o. Lan onaria				
2.	28 th National NE Games 2014-1	L5 at Chimpu, I	tanagar, Arunachal Pradesh during 10		
	13.12.2014	. ,	<u>.</u>		
	Men's Team—				
	1. Vanlalpeka	1500M	— Gold		
		800M	— Silver		

Bronze

13. 4x100M Relay Team

2.	Lalngaihzuala	Shotput	— Silver
Wo	men's Team—		
1.	Vanlalhruaii	Long Jump	Bronze
2.	Vanlalhruaii	4x100M	Bronze
3.	Lalbiakhlui	4x100M	Bronze
4.	Julie Malsawmtluangi	4x100M	Bronze
5.	H. Lawmnasangzuali	4x100M	Bronze

Officials — C. Lalroliana & Lalrinchhani

2016 —

1. 29th National Level NE Games 2016 at Imphal, Manipur during 2-7.3.2016

Vanlalpeka	1500M	Gold
Ramengmawii Sailo	Shot-put	Gold
Vanlalpeka	800M	Silver
Ramengmawii Sailo	Discus	Silver
	Vanlalpeka Ramengmawii Sailo Vanlalpeka Ramengmawii Sailo	Ramengmawii Sailo Shot-put Vanlalpeka 800M

Officials —

C. Lalroliana & Vanlalawmpuia Fanai