

Achievements of All Mizoram Karate Association INTERNATIONAL LEVEL CHAMPIONSHIPS

1. 5th International Funakoshi Cup Karate Championship at Mumbai, Maharashtra during 2.2.2000

1.	Lalremsanga	(Kata & Kumite)	—	Gold & Silver & Bronze
2.	Lalduhkima	(Kata & Kumite)	—	2 Gold & Silver
3.	C. Hmingthangvunga	(Kata & Kumite)	—	2 Gold
4.	C. Lalremruata	(Kata & Kumite)	—	2 Gold
5.	Vinesia Z Pautu	(Kata & Kumite)	—	Gold & Silver
6.	R. Lalchenpuia	(Kata & Kumite)	—	Gold & Silver
7.	C. Lalduhawma	(Kata & Kumite)	—	Gold
8.	VL Peka	(Kata & Kumite)	—	Gold
9.	Lalrosiama	(Kata & Kumite)	—	Silver & Bronze
10.	Lalrochama	(Kata & Kumite)	—	Silver

Officials –

Manager—	R. Zomawia
Coach —	Lalremsanga Kiangte

2. 10th Asia Junior & Cadet Karate Championship-2010 at Hong Kong, China during 1-8.8.2010

1.	Lalchhandama	(70-75 Kgs)	—	Participant
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3. 11th Asia Junior & Cadet Karate Championship-2011 at Guangzhou, China during 16-25.7.2011

1.	Vanlalthanpuia	(50-55 Kgs)	—	Participant
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4. 7th World Junior & Cadet Karate Championship-2011 at Melaka, Malaysia during 13-16.10.2011

Junior—

1.	Vanlalthanpuia	(50-55 Kgs)	—	Participant
2.	J. Vanlalenkawla	(55-60 Kgs)	—	Participant

5. 3rd Shito Ryu Seikokai Asia Cup Karate Championship-2013 at New Delhi during 3-5.5.2013

Cadet (Boys & Girls) —

1.	Malsawmdawngzela	14-15 Yrs.	—	Bronze
2.	Lalhmingmawia	14-15 Yrs.	—	Bronze
3.	Biaknunnemi	14-15 Yrs.	—	Bronze

Junior (Male & Female) —

1.	Reuben Lalhmingmawia	16-17 Yrs.	—	Gold & Silver
2.	Lalsangliana	16-17 Yrs.	—	Gold
3.	Derrick B Khuhly	16-17 Yrs.	—	Bronze
4.	F. Laldinpuii	16-17 Yrs.	—	Bronze

Senior (Male & Female) —

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|----|--------------------|----------|---|---------------|
| 1. | K. Lalsiamthari | +18 Yrs. | — | Gold |
| 2. | Irene Lalchhanhimi | +18 Yrs. | — | Gold & Silver |
| 3. | Lalrinzuali | +18 Yrs. | — | Silver |
| 4. | Vanlalnelawma | +18 Yrs. | — | Bronze |
| 5. | Lallawmkimi | +18 Yrs. | — | Bronze |

Officials –

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|---------|---|-------------------|
| Manager | — | TC Lalremsiama |
| Coach | — | R. Malsawmtluanga |

6. Thailand Open Karate Championship 2013 during 7-10.9.2013 at Nimibutr Nation Stadium, Bangkok, Thailand

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|----|--------------------|------------------|---|--------|
| 1. | Irene Lalchhanhimi | -60 Kgs (Senior) | — | Bronze |
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7. International Karate Championship 2016 at Goa during 9-10.01.2016

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|----|------------------------|------------------------|----------|----------|
| 1. | Lalmangaihzuala Hnamte | Sub-Jr. Boys 11-12 | Kumite — | Gold |
| | | | Kata | — Gold |
| 2. | PC Vanlalruati | Senior Women (-55 Kgs) | Kumite — | Gold |
| | | | Kata | — Silver |
| 3. | Lalhruaizela | Cadet Boys (-52 Kgs) | Kumite — | Gold |
| 4. | Malsawmdawngzela | Junior Boys (-55 Kgs) | Kumite — | Gold |
| 5. | Vanlalchhuanawma | Junior Boys (-60 Kgs) | Kumite — | Gold |
| 6. | Vanlalthanpuia | Senior Men (-60 Kgs) | Kumite — | Gold |
| 7. | Joseph Lalrinzuala | Sub-Jr. Boys 9-10 Yrs | Kumite — | Silver |

Official –

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|-------------------|---|--------------------|
| Manager-cum-Coach | — | Sensei Lalramthara |
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8. 8th Commonwealth Karate Championship at New Delhi during 18-20.11.2015

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| 1. | Hmangaihsangpuia | -55 Kgs (Junior Male) | — | Gold |
| 2. | Lalrinsanga | Kata (Junior Male Individual) | — | Silver |
| 3. | PC Vanlalruati | -55 Kgs (-21 Yrs. Female) | — | Silver |

Officials –

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|---------|---|----------------------------------|
| Manager | — | TBC Hnuna |
| Coaches | — | C. Hmingthangvunga & Lalramthara |

9. Bhutan International Karate Championship 2016 at Thimphu, Bhutan during 17-18.12.2016

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|----|----------------------|------------------------|---|--------|
| 1. | FVL Hmangaihzuali | -45 Kgs (Senior Women) | — | Gold |
| 2. | Zonunmawii | +68 Kgs (Senior Women) | — | Gold |
| 3. | Lalrawngbawla | -50 Kgs (Senior Men) | — | Gold |
| 4. | Vanlalthanpuia | -55 Kgs (Senior Men) | — | Gold |
| 5. | Reuben Lalhmingmawia | -60 Kgs (Senior Men) | — | Gold |
| 6. | Lalrinsanga | Senior Men Open Kata | — | Silver |
| | Team Kumite | Senior Men Open | — | Gold |

Official -

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|-------------------|---|-------------|
| Manager-cum-Coach | — | Lalnunhluna |
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10. Thailand Open Karate-Do Championship 2018 at Bangkok during 18-22.7.2018

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| 1. | David Lalrinchhana | Below 12 yrs. – 30 Kgs. (Indv. Kumite) | – Gold |
| 2. | Daniel Ramdinmawia | Below 12 yrs. – 40 Kgs. (Indv. Kumite) | – Silver |

Officials –

Coaches (Indian Team) — Sensei Lalropuia & Sensei Lalramthara

11. Bhutan International Open Karate Championship 2019 held at Thimphu, Bhutan during 10 – 12.1.2019

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|-----|---------------------------|-----------------------------------|---|--------|
| 1. | Lalropuia | Senior Male Kumite +84Kgs | — | Gold |
| 2. | Lalramthara | Senior Male Kumite -84Kgs | — | Gold |
| 3. | Reuben Lalhmingmawia | Senior Male Kumite – 75Kgs | — | Gold |
| 4. | Lalrinsanga | Senior Male KATA OPEN | — | Gold |
| 5. | Malsawmzuala | Senior Male Kumite -67Kgs | — | Gold |
| 6. | Ramdinthara | Senior Male Kumite -67Kgs | — | Silver |
| 7. | Hmangaihsangpuia | Senior Male Kumite -60Kgs | — | Gold |
| 8. | Lalrawngbawla | Senior Male Kumite -55Kgs | — | Bronze |
| 9. | Vanlalthanpuia | Senior Male Kumite -55Kgs | — | Gold |
| 10. | TC Lalrinsanga | Senior Male Kumite -50Kgs | — | Gold |
| | | Senior Male KATA | — | Bronze |
| 11. | F. Laldinpuii | Senior Female Kumite -68Kgs | — | Gold |
| 12. | Lalchhanchhuahi | Senior Female Kumite -61Kgs | — | Gold |
| 13. | Lalrinzuali | Senior Female Kumite -55Kgs | — | Gold |
| | | Senior Female KATA | — | Gold |
| 14. | Melody Ramdinsangi | Senior Female Kumite -50Kgs | — | Gold |
| | | Senior Female KATA | — | Silver |
| 15. | Lalrempuia | Junior Male Kumite +76Kgs | — | Gold |
| 16. | Khamminluna | Junior Male Kumite -61Kgs | — | Gold |
| | | Junior Male KATA | — | Silver |
| 17. | Bobby Vanlalhmuaka | Junior Male Kumite -61Kgs | — | Gold |
| 18. | Vanlalremtluanga | Junior Male Kumite -55Kgs | — | Gold |
| 19. | Lalduhsangi | Junior Female Kumite -68 Kgs | — | Gold |
| 20. | Jessica Lalremsangi | Junior Female Kumite -53 Kgs | — | Gold |
| | | Junior Female KATA | — | Gold |
| 21. | Emmanuel Lalrozami | Cadet Female Kumite -47 Kgs | — | Gold |
| 22. | F. Lallawmzuala | Cadet Male Kumite 13 yrs, -52 Kgs | — | Gold |
| 23. | Joseph Lalrinzuala | Cadet Male Kumite -40 Kgs | — | Gold |
| 24. | Jacob Vanlalmalsawma Hmar | Male U-14, +55 Kgs | — | Gold |
| 25. | R. Lalrinhlua | Male U-14, -45 Kgs | — | Silver |
| 26. | Lalmuanpuia | Male U-14, -45Kgs | — | Gold |
| 27. | Andrew Lalawmpuia | Male U-12, -40 Kgs | — | Gold |
| | | Male U-12 KATA | — | Bronze |
| 28. | K. Lalruatfela | Male U-14, -40 Kgs | — | Gold |
| 29. | David Lalrinchhana | Male U-12, -35 Kgs | — | Gold |
| 30. | Marvin Zonuntluanga | Male U-12, -30 Kgs | — | Gold |
| | | Male U-12 KATA | — | Silver |

31.	Lalnunsangi	Cadet Female Kumite -47 Kgs	—	Gold
32.	Melody Lalremruati	Female Kumite U-12, -35 Kgs	—	Gold
		Female U-12 KATA	—	Gold
33.	Lalrinsangi	Cadet Female Kumite U-12, -40 Kgs	—	Gold

Officials -

Manager cum Player	—	Sensei Lalramthara
Coach cum Player	—	Sensei Lalropuia

12. 19th WTSKF International Karate Camp & Championship 2019 at Panaji, Goa during 19-23.5.2019

1.	Dosangzuala	10-11 yrs. (-35 Kgs) Kumite	—	Gold
2.	David Lalrinchhana	12-13 yrs. (-45 Kgs) Kumite	—	Gold
3.	K. Lalruatfela	12-13 yrs. (-40 Kgs) Kumite	—	Gold
4.	Lalruatfela Hauhnar	Junior (-60 Kgs) Kumite	—	Gold
5.	Lalruatmawia	Under 21 Yrs. (-60 Kgs) Team Kumite	—	Gold & Bronze
6.	Zochhuanawma	Under 21 Yrs. (-65 Kgs) Team Kumite	—	Gold & Bronze
7.	Lydia Nunthianghlimi	Junior (-48 Kgs) Team Kumite	—	2 Gold
8.	Ramthangmawii	Under 21 Yrs. (+50 Kgs) Team Kumite	—	2 Gold
9.	Lalchhanchhuahi	Senior (+50 Kgs)	—	Gold
10.	Joshua Laldingngheta	Below 7 Yrs. (Kumite)	—	Silver
		(Kata)	—	Bronze
11.	R. Lalrinhlua	12-13 Yrs. (+50 Kgs) Kumite	—	Silver
12.	Lalnunmawia	12-13 Yrs. (-30 Kgs) Kumite	—	Silver
13.	F. Lallawmzuala	Cadet (-50 Kgs) Kumite	—	Silver
14.	Bobby Vanlalhmuaka	Junior (-50 Kgs)(Kumite)	—	Silver
		(Kata)	—	Bronze
15.	Freddy Zosangliana	Under 21 Yrs. (-50 Kgs) Kumite	—	Silver
16.	TC Lalrinsanga	Senior (-55 Kgs) Team Kumite	—	Silver& Bronze
17.	Aneek Kumar Paswan	Cadet (-35 Kgs) Kumite	—	Bronze
18.	Hmangaihsangpuia	Senior (-61 Kgs) Kumite, Kata, Team	—	3 Bronze
19.	H. Lalfakawmi	10-11 Yrs. (-30 Yrs) Kumite	—	Bronze
20.	Lalnunsangi	Junior (+48 Kgs) Kumite	—	Bronze
		Team	—	Gold
21.	Florence Vanlalhriatzuali	Team Kumite	—	Gold
22.	Lalsangkima	Team Kumite	—	Bronze
23.	Zomuanpuia	Team Kumite	—	Bronze

Official -

Manager - Sensei Lalramthara