

**ACHIEVEMENTS OF
BODY BUILDING & FITNESS ASSOCIATION OF MIZORAM
NATIONAL LEVEL CHAMPIONSHIPS**

2008 —

1. Kalighosh Memorial National Body Building Championship at Siliguri, W. Bengal during 14–16.11.2008

- | | | | | |
|----|---------------------|---------|---|--------|
| 1. | Vanlalhmuaka | -65 Kgs | — | Silver |
| 2. | Kennet Lalmuansanga | +75 Kgs | — | Bronze |
| 3. | Lalhlmpuia | +70 Kgs | — | Bronze |

Officials—

Manager-cum-Coach — Michael Hrangkhawl

2009 —

1. Junior National Body Building Championship at Guwahati, Assam during 11–12.6.2009

- | | | | | |
|----|--------------------|-----------|---|--------|
| 1. | Laltlannunga | +70 Kgs | — | Silver |
| 2. | Aldrin Lalthazuala | 60-70 Kgs | — | Silver |
| 3. | Lalnunhlma | +70 Kgs | — | Bronze |
| 4. | Lalhlmpuia | +65 Kgs | — | Bronze |

Officials—

Manager-cum-Coach — Michael Hrangkhawl

2010 —

1. National Body Building Championship at Jalpaiguri (North Bengal) during 15–16.8.2010

- | | | | | |
|----|--------------------|---------|---|--------|
| 1. | Jerry Lalnunsanga | +60 Kgs | — | Silver |
| 2. | Laltlannunga | +70 Kgs | — | Silver |
| 3. | Lalnunhlma | +55 Kgs | — | Bronze |
| 4. | Aldrin Zosangliana | +40 Yrs | — | Bronze |

Officials—

Manager — Er. Chhungpuia
Coach — Michael Hrangkhawl

2. Senior National Body Building Championship at Kolkata (W. Bengal) during 2–3.10.2010

- | | | | | |
|----|--------------------|---------|---|--------|
| 1. | Lalrammawia | +70 Kgs | — | Silver |
| 2. | Lalhlmpuia | +65 Kgs | — | Silver |
| 3. | Lalnunhlma | +60 Kgs | — | Bronze |
| 4. | Aldrin Zosangliana | +55 Kgs | — | Bronze |
| 5. | Laltlannunga | +50 Kgs | — | Bronze |

Officials—

Manager — Er. Chhungpuia
Coach — Michael Hrangkhawl

2012 —

3. Inter-Zonal National Body Building Championship at Srinagar, Jammu & Kashmir during 19 -20.9.2012

- | | | | | |
|----|-------------------|---------|---|--------|
| 1. | Abraham Halam | +70 Kgs | — | Silver |
| 2. | Lalhlimpua | +70 Kgs | — | Bronze |
| 3. | Laltlannunga | +70 Kgs | — | Bronze |
| 4. | Jerry Lalnunsanga | +65 Kgs | — | Bronze |

Officials—

Zodintluanga Sailo & Michael Hrangkhawl

2015 —

1. Mister & Miss India Fitness 2015 held at Kollam, Kerala during 6-8.3.2015

- | | | | | |
|----|-----------------|------|---|--------|
| 1. | Lalhrwaitluangi | Open | — | Silver |
|----|-----------------|------|---|--------|

Officials—

Manager-cum-Coach — Michael Hrangkhawl