

Achievements of All Mizoram Karate Association

REGIONAL LEVEL CHAMPIONSHIPS

2001 —

1. XV North East Sports Festival at Itanagar, Arunachal Pradesh during 16-20.2.2001

- | | | | |
|---------------------------|--------|---|--------|
| 1. Valentine Ramfangzauva | Kumite | — | Bronze |
|---------------------------|--------|---|--------|

Officials —

- | | | |
|---------|---|-----------|
| Manager | — | TBC Hnuna |
| Coach | — | FC Sakhu |

2003 —

1. XVII North East Sports Festival at Aizawl, Mizoram during 22-25.4.2003

- | | | | |
|-------------------------|--------|---|--------|
| 1. Laltanpuia | Kumite | — | Gold |
| 2. PC Pakunga | Kumite | — | Gold |
| 3. Roreldika | Kumite | — | Gold |
| 4. Vanlalruata | Kumita | — | Gold |
| 5. PC Lalchhandami | Kumite | — | Gold |
| 6. Linda Biakluni | Kumite | — | Gold |
| 7. Vanlaltluanga | Kumite | — | Silver |
| 8. Vanlalruata | Kumite | — | Silver |
| 9. R. Lalchenpuia | Kumite | — | Bronze |
| 10. Ramthianghlimi | Kumite | — | Bronze |
| 11. Melody Lallawmzuali | Kumite | — | Bronze |

Officials —

- | | | |
|---------|---|-----------|
| Manager | — | TBC Hnuna |
| Coach | — | FC Sakhu |

2005 —

1. XIX North East Sports Festival at Guwahati, Assam during 14-17.2.2005

Kumite—

- | | | | |
|-------------------------|-------------|---|--------|
| 1. Lalthawmmawia | (55-60 Kgs) | — | Bronze |
| 2. PC Pakunga | (-55 Kgs) | — | Bronze |
| 3. Lalramthara | (65-70 Kgs) | — | Bronze |
| 4. Lalthlengliana Sailo | (+70 Kgs) | — | Bronze |
| 5. R. Lalchenpuia | (Open) | — | Bronze |
| 6. FVL Hmangaihzuali | (-43 Kgs) | — | Bronze |
| 7. Laltlanchhungi | (43-48 Kgs) | — | Bronze |
| 8. Malsawmsangi | (48-53 Kgs) | — | Bronze |
| 9. Linda Biaklun | (+53 Kgs) | — | Bronze |

Officials —

- | | | |
|---------|---|------------------|
| Manager | — | J. Laldawngliana |
| Coach | — | R. Vanlaldika |

2007 —

1. XXI North East Sports Festival at Gangtok, Sikkim during 24-27.2.2007

1.	Lalramthara	65-70 Kgs	—	Silver
2.	Lalrinzuali	25-30 Kgs	—	Bronze
3.	Vanlalnelawma	25-30 Kgs	—	Bronze
4.	Lalthakimi	30-35 Kgs	—	Bronze
5.	Vanlalthanpuia	35-40 Kgs	—	Bronze
6.	Malsawmkimi	35-40 Kgs	—	Bronze
7.	FVL Hmangaihzuali	40-45 Kgs	—	Silver & Bronze
8.	Melody Lallawmzuali	55-60 Kgs	—	Bronze
9.	Zoramsangzela	+70 Kgs	—	Bronze

Officials —

Manager	—	John Lalchungnunga
Coach	—	J. Laldawngliana

2008 —

1. XXII North East Games at Guwahati, Assam during 30.1-2.2.2008

1.	Lalrinzuali	-35 Kgs	—	Gold
2.	S Lalthlanawma	-30 Kgs	—	Bronze
3.	Lalrotluanga	-60 Kgs	—	Bronze
4.	Lalramzauva	+70 Kgs	—	Bronze
5.	Lalbiakzuali	-50 Kgs	—	Bronze

Officials —

Manager	—	J. Laldawngliana
Coach	—	C. Dosavunga

2010 —

1. 24th North East Games-2010 at Shillong, Meghalaya during 20-23.4.2010

1.	Reuben Lalhmingmawia	35-40 Kgs	—	2 Silver
2.	Vanlalthanpuia	Men Open Team Kata	—	Silver & Bronze
3.	Vanlalnelawma	Team Kata	—	Silver
4.	K. Malsawmkimi	30-35 Kgs	—	Silver
5.	Zion Lalrammawii	35-40 Kgs	—	Silver
6.	Dimsannuami	40-45 Kgs	—	Silver
7.	Lalhumhimi	50-55 Kgs	—	Silver
8.	Irene Lalchhanhimi	Women Open Kata	—	Bronze
9.	PL Vanlalpeka	25-30 Kgs	—	Bronze
10.	F. Laldinpuii	25-30 Kgs	—	Bronze
11.	Anthony Lalmalsawma	30-35 Kgs	—	Bronze

Officials —

Manager	—	TC Lalremsiama
Coach	—	FC Sahku

2011 —

1. 25th NE Games Arunachal Pradesh during 25-30.4.2011

1.	Malsawmdawngzela	25-30 Kgs	—	Gold
2.	Laldampaia	30-35 Kgs	—	Bronze
3.	Vanlalnelawma	40-45 Kgs	—	Bronze
4.	Lalrinzuala	45-50 Kgs	—	Bronze
5.	Vanlalthanpuia	50-55 Kgs	—	Bronze
6.	J. Vanlalenkawla	55-60 Kgs	—	Silver
7.	David Malsawmtluanga	65-70 Kgs	—	Silver
8.	Lalchhandama	80-85 Kgs	—	Bronze
9.	Lalparvuli	25-30 Kgs	—	Silver
10.	F. Laldinpuii	35-40 Kgs	—	Bronze
11.	FVL Hmangaihzuai	40-45 Kgs	—	Gold
12.	Irene Lalchhankimi	60-65 Kgs	—	Bronze
13.	Lallawmkimi		—	Silver
14.	Team Event		—	Silver
	Laltanpuui			
	Zonunmawii			
	Lalthakimi			
	Malsawmzuala			

Officials —

Manager	—	R. Lalbiakdiki
Coach	—	Jonathan Lalsangliana

2014 —

4. 28th National NE Games 2014-15 at Chimpu, Itanagar (Arunachal Pradesh) during 10-13.12.2014

Men's Team—

1.	Lalrawngbawla	-50 Kgs	—	Silver
2.	Hmangaihsangpuia	-55 Kgs	—	Silver
3.	C. Lalchhanhima	-67 Kgs	—	Silver
4.	Zorinkima	-84 Kgs	—	Silver
5.	Lalrinsanga	Open Kata	—	Silver
6.	F. Laltanpuia	-60 Kgs	—	Bronze

Women's Team—

1.	Lalrinzuali	-55 Kgs	—	Gold
2.	Irene Lalchhanhimi	Open Kata	—	Gold
3.	K. Lalsiamthari	-45 Kgs	—	Silver
4.	Zonunmawii	-68 Kgs	—	Silver
5.	Lalmuanawmi	-50 Kgs	—	Bronze
6.	Lallawmkimi	+68 Kgs	—	Bronze

Officials —

R. Malsawmtluanga & Felista Lalngaihsaki

2016 —

1. 4th NWSKFI North East Karate Championship 2016 at Gangtok, Sikkim during 14-16.10.2016

1.	Hmangaihsangpuia	Male 21 Yrs (-60 Kgs)	Kumite — Gold
2.	Lalrinsanga	Male 21 Yrs	Kata — Gold
3.	Malsawmzuala	Senior Male (-70 Kgs)	Kumite — Gold
4.	Michelle Lalbiaknii	Female 10 Yrs	Kumite — Silver, Bronze (Kata)
5.	K. Lalruatfela	Male 11 Yrs	Kumite — Silver
6.	Lalramdinthara	Junior Boys	Kumite — Bronze

Officials —

Manager	—	C. Zorinmawii
Coach	—	Lalringgheta

2017 —

1. 5th North East Karate Championship at Itanagar, Arunachal Pradesh during 16-18.12.2017

1.	K. Lalruatfela	Sub.Jr. 11Yrs. -35 Kgs	—	Gold
2.	Lalmuanpuia	Sub.Jr. 13Yrs. -45 Kgs	—	Gold
3.	Vanlalthlanpuia	Cadet (14-15Yrs.) -63 Kgs	—	Silver
4.	Isaac MS Dawngliana	Sub.Jr. 10Yrs. -25 Kgs	—	Silver
5.	F. Lalringgheta	Sub.Jr. 12Yrs.+40 Kgs	—	Silver
6.	Joseph Lalruatfela	Sub.Jr. 13Yrs.-40 Kgs	—	Silver
7.	Vanlalhriatpuii	Sub.Jr. 10Yrs. -25 Kgs	—	Silver
8.	David Lalrinchhana	Sub.Jr. 10Yrs. +35 Kgs	—	Silver
9.	Lalnunpuia	Cadet (14-15Yrs.) -57 Kgs	—	Bronze
10.	Marvin Zonuntluanga	Sub.Jr. 10Yrs. KATA	—	Bronze
11.	Khamminluna	Cadet (14-15Yrs.) -52 Kgs	—	Bronze
12.	Lalrinsangi	Sub.Jr. 11Yrs. +40 Kgs	—	Bronze
13.	Lalruathlui	Sub.Jr. 12Yrs.+40 Kgs	—	Bronze
14.	B. Lalchhanhima	Jr. (16-17Yrs.) -50 Kgs	—	Bronze
15.	Zochhuanawma	Jr. (16-17Yrs.) -61 Kgs	—	Bronze
16.	H. Lalhruaizeli	Sub. Jr. 12Yrs. -40 Kgs	—	Bronze
17.	Sumit Limbu	Sub. Jr. 11Yrs. -30 Kgs	—	Bronze
18.	Lydia Nunthianghlimi	Cadet (14-15Yrs.) -45 Kgs	—	Bronze
19.	Emmanuel Lalrozami	Sub.Jr. 13Yrs."KATA	—	Bronze
20.	F. Lallawmzuala	Sub.Jr. 12Yrs."-35 Kgs	—	Bronze

Officials —

Manager	—	Sensei Lenghmingthanga
Coach	—	Sensei Lalramthara

2017 —

1. 1st North East Olympic Games held at Imphal, Manipur during 24-28.10.2018

1.	Hmangaihsangpuia	-60 Kgs.	—	Silver
2.	Lalchhanchhuahi	-61 Kgs.	—	Silver
3.	Vanlalthanpuia	-55 Kgs.	—	Bronze
4.	C. Lalbiaksanga	Kata	—	Bronze
5.	Lalrinzuali	-55 Kgs.	—	Bronze
6.	Reuben Lalhmingmawia	+67 Kgs.	—	Bronze

Officials -

J. Laldawngliana & Lalnunhluna

2. 6th National Level North East Karate Do Championship 2018 held at Dimapur, Nagaland during 10–12.12.2018

1.	Hmangaihsangpuia	Senior Kumite	—	Gold
2.	Khamminluna	Cadet Individual	—	Gold
3.	Neeraj Kumar	Male 13 Yrs. Ind. Kata	—	Gold
4.	Lalrinsangi	Female 11 Yrs. Kumite +35	—	Gold
5.	TC Lalrinsanga	Senior Male Kumite -50Kgs	—	Silver
6.	Lalchhanchhuahi	Senior Female Kumite -61Kgs	—	Silver
7.	Khamminluna	Cadet Male Kumite -52Kgs	—	Silver
8.	Esther Lalnunmawii	Cadet Female Kumite -40Kgs	—	Silver
9.	Emmanuel Lalrozami	Cadet Female Ind. Kata	—	Silver
10.	Lalmuanpuia	Male 13 Yrs. Kumite +45 Kgs	—	Silver
11.	K. Lalruatfela	Male 12 Yrs. Kumite +35 Kgs	—	Silver
12.	Lalthakimi Khupchawng	Female 11 Yrs. Kumite +40	—	Silver
13.	Lalrimawia	Male 10 Yrs. Kumite +30	—	Silver
14.	R. Lalsangzuali	Female 13 Yrs. Kumite -40	—	Silver
15.	Erica Malsawmtluangi	Female 10 Yrs. Kumite -35	—	Silver
16.	Andrew Lalawmpuia	Male 12 Yrs. Ind. Kata	—	Silver
17.	Laltanpuia	Senior Male Kumite -67Kgs	—	Bronze
18.	Lalnunfela	Senior Male Kumite -55Kgs	—	Bronze
19.	Lalrempuia	Junior Male Kumite +76Kgs	—	Bronze
20.	Freedy Zosangliana	Junior Male Kumite -50Kgs	—	Bronze
21.	Khammin luna	Junior Male Team Kata	—	Bronze
22.	Neeraj Kumar	Junior Male Team Kata	—	Bronze
23.	Andrew Lalawmpuia	Junior Male Team Kata	—	Bronze
24.	Emmanuel Lalrozami	Junior Female Team Kata	—	Bronze
25.	R. Lalsangzuali	Junior Female Team Kata	—	Bronze
		Female 13 Yrs. Kumite -40 Kgs.	—	Bronze
26.	Melody Lalremruati	Junior Female Team Kata	—	Bronze
		Female 11 Yrs. Kumite -30 Kgs	—	Bronze
		Female 11 yrs. Ind. Kata	—	Bronze
27.	C. Lallawmawmi	Female 13 Yrs. Kumite +45 Kgs.	—	Bronze
28.	C. Lalrinfeli	Cadet Female Kumite -47 Kgs	—	Bronze
29.	Gideon Lalroliana	Male 12 Yrs. Kumite -40 Kgs.	—	Bronze
30.	Daniel Ramdinmawia	Male 11 Yrs. Kumite +35	—	Bronze
31.	David Lalrinchhana	Male 11 Yrs. Kumite -35	—	Bronze
32.	Marvin Zonuntluanga	Male 11 Yrs. Kumite -30	—	Bronze
33.	Lalsiamkima	Male 10 Yrs. Kumite -25	—	Bronze
		Male 10 Yrs. Ind. Kata	—	Bronze
34.	Vanlahriatpuii Sailo	Female 11 Yrs. Ind. Kata	—	Bronze

Officials -

Team Manager	—	Sensei Lalramthara
Team Coach	—	Sensei R Malsawmtluanga
Technical Official	—	Sensei Lalropuia

2019 —

1. 7th National Level North East Karate Championship 2019 at Guwahati, Assam during 28-29.12.2019

1.	Sidhan Rana	10Yrs. -25Kgs (Ind. Kumite)	—	Gold
2.	Samjhana Gurung	11Yrs. -35Kgs (Kumite & Kata)	—	Gold, Bronze
3.	Melody Lalremruati	12Yrs. -40Kgs (Ind. Kumite & Kata)	—	Gold, Bronze
4.	Lalpekhlua	Cadet Boys. (Ind. Kata)	—	Gold
5.	C. Lalrinfeli	(Junior Girls) -53Kgs Ind. Kumite	—	Gold
6.	C. Dosangzuala	11Yrs. -30Kgs Kumite	—	Silver
7.	Esther Lalhmingangi	13Yrs. -40Kgs Ind. Kumite	—	Silver
8.	K. Lalruatfela	13Yrs. -40Kgs Ind. Kumite & Kata	—	Silver, Bronze
9.	Lalrempuia	(Junior Boys)+76Kgs Ind. Kumite	—	Silver
10.	Lalhmunsiamia Sailo	(Junior Boys)-50Kgs Kumite & Kata	—	Silver, Bronze
11.	TC Lalrinsanga	(Senior Mens) -55Kgs Ind. Kumite & Kata	—	Silver, Bronze
12.	Lalnunsangi	(Junior Girls) -48Kgs Kumite & Kata	—	Silver, Bronze
13.	Grace Lalhriatzuali	9Yrs. +23Kgs. Kumite	—	Bronze
14.	Lalruatfeli Chawngthu	10Yrs. -30Kgs, Ind. Kumite	—	Bronze
15.	Lalhmingangi Pachuau	11Yrs. -30Kgs. Kumite	—	Bronze
16.	Joel C. Vanlalhriata	11Yrs. Ind. Kata	—	Bronze
17.	Ricky Lalmuansanga	12Yrs. +40Kgs. Ind. Kumite	—	Bronze
18.	PC Lalnunmawii	13Yrs. -40Kgs. Ind. Kumite	—	Bronze
19.	Hmingthasangi	13Yrs. -45Kgs. Ind. Kumite	—	Bronze
20.	Lalthakimi Khupchawng	13Yrs. +45Kgs. Ind. Kumite	—	Bronze
21.	Zomuanpuia	13Yrs. -45Kgs. Ind. Kumite	—	Bronze
22.	Lalrokunga	13Yrs. +45Kgs. Ind. Kumite	—	Bronze
23.	Emmanuel Lalrozami	Cadet Girls Ind. Kata	—	Bronze
24.	R. Lalsangzuali	Cadet Girls. -54Kgs Kata & Kumite	—	Bronze
25.	Lalnunpuia	Cadet Boys. -57Kgs. Ind. Kumite	—	Bronze
26.	Khamminluna	(Junior Boys) & Ind. Kata	—	Bronze
27.	Lalhriattiri	(Junior Girls) -59Kgs. Ind. Kumite	—	Bronze
28.	Lalnunsangi, R. Lalsangzuali & Emmanuel Lalrozami	Senior Female Team Kata	—	Silver
29.	TC Lalrinsanga, Khamminluna & Lalhmunsiamia Sailo	Senior Male Team Kata	—	Bronze

Officials-

Team Manager	- Sensei Lalramthara
Team Coach	- Sensei C. Lalengliana
Technical Official	- Sensei Lalropuia
Official	- Shihan C. Dosavunga