

# ACHIEVEMENTS OF MIZORAM ARM WRESTLING ASSOCIATION

## CONTINENTAL / ASIA

1. **9<sup>th</sup> Asian Arm Wrestling Championship–2010 at Guwahati, Assam during 21–26.8.2010**
  1. David H Thangliana (Handicapped) – 60 Kgs.
    - Right hand — Gold
    - Left hand — Bronze
  2. C Zoramsangi (Individual) — 60 Kgs.
    - Right hand — Silver
    - Left hand — Silver
  3. Kristaroluahpuitua – 55 Kgs.
    - Right hand — Bronze