

ACHIEVEMENTS OF MIZORAM ARM WRESTLING ASSOCIATION

NATIONAL

1998—

1. Senior National Arm Wrestling Championship at Kerala during 10–13.9.1998

1. Remlalnghaka — Silver

Official —

Manager — Ngurthanmawia

2000—

1. Senior National Arm Wrestling Championship at Kerala during 13–16.9.2000

1. Remlalnghaka — Gold

Official —

Manager — Ngurthanmawia

2001—

1. Senior National Arm Wrestling Championship at Guwahati, Assam

1. Lalfakhleni — Silver

Officials —

Manager — Ngurthanmawia

Coach — Zairemthanga

2003—

1. Senior National Arm Wrestling Championship at Rabindra Bhawan, Guwahati (Assam) during 17–18.9.2003

1. C Laltlanhlu — Silver
2. Lalrinkimi — Bronze
3. PC Lalrinkima — Bronze

Officials —

Manager — B Lalthlangdika

Coach — Zairemthanga

2004—

1. Senior National Arm Wrestling Championship at Puri (Orissa) during 23–25.8.2004

1. Lalrampani — Bronze

Officials —

Manager — B Lalthlangdika

Coach — Zairemthanga

2008—

1. 32nd Senior Men & Women, Junior Boys & Girls National Arm Wrestling Championship at Kalinga Gymnasium, Cuttack (Orissa) during 13—15.6.2008

1. David Lalnunpuia -60 Kgs — Gold
2. VL Chhanchhuahi -50 Kgs — Silver
3. DS Zovi -50 Kgs — Silver
4. Veronica Zoremthangi -60 Kgs — Silver
5. Laltlanthangi -60 Kgs — Silver

Disabled —

1. David Lalsangzuala -60 Kgs — Silver

Officials —

Manager — PB Vanlalremruata

Coach — Remlalnghaka

2009—

1. 33rd National Arm Wrestling Championship at Kozhikode (Kerala) during 2—6.7.2009

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|----|--------------------|---------|---|--------|
| 1. | Paul Lalmanzuala | -60 Kgs | — | Gold |
| 2. | David Thangliana | -60 Kgs | — | Silver |
| 3. | Lalthianghlimi | -50 Kgs | — | Silver |
| 4. | Andrew Lalnunthara | -50 Kgs | — | Bronze |

Officials —

- | | | |
|-------------|---|-------------------|
| Manager | — | PB Vanlalremruata |
| Coach | — | Remlalngbaka |
| Asst. Coach | — | R Lalbiakliana |

2010—

1. 34th National Arm Wrestling Championship (for Senior Men & Women and Disabled, Junior Boys & Girls) at Imphal (Manipur) during 17—20.5.2010

Junior —

- | | | | | |
|----|---------------------|---------|---|------|
| 1. | Tlangrimawii | -60 Kgs | — | Gold |
| 2. | Krista Roluahpuitua | -55 Kgs | — | Gold |
| 3. | C Zoramsangi | -55 Kgs | — | Gold |

Senior —

- | | | | | |
|----|--------------|---------|---|--------|
| 1. | Lalthanmawii | -55 Kgs | — | Bronze |
| 2. | Lalrinmawii | -60 Kgs | — | Bronze |

Disabled —

- | | | | | |
|----|--------------------|---------|---|--------|
| 3. | David H Thangliana | -60 Kgs | — | Silver |
|----|--------------------|---------|---|--------|

Officials —

- | | | |
|---------------|---|-------------------|
| Manager | — | PB Vanlalremruata |
| Coach (Men) | — | Remlalngbaka |
| Coach (Women) | — | C Laltlanhlui |

2011—

1. 35th Arm Wrestling National Championship at Ludhiana (Punjab) during 16—19.6.2011

Junior —

- | | | | | |
|----|-----------------|---------|---|--------|
| 1. | Zirhantluangi | -60 Kgs | — | Gold |
| 2. | Laltlankimi | -55 Kgs | — | Silver |
| 3. | Judy Lalrinpuii | -45 Kgs | — | Bronze |
| 4. | Edentharngbaka | -55 Kgs | — | Bronze |

Senior —

- | | | | | |
|----|-------------------|---------|---|--------|
| 1. | Juliet Lalengkimi | -60 Kgs | — | Silver |
| 2. | Lalremchungi | -70 Kgs | — | Bronze |

Officials —

- | | | |
|---------|---|----------------------------------|
| Manager | — | R Laldingliani |
| Coach | — | Remlalngbaka & Robert Lalawmpuia |

2012—

1. 36th National Arm Wrestling Championship—2012 at Aizawl (Mizoram) during 1—5.5.2012

Senior Men

- | | | | |
|----|---------------------|---|--------|
| 1. | Tlangrimawia | — | Silver |
| 2. | Krista Roluahpuitua | — | Silver |

Senior Women

- | | | | |
|----|---------------------|---|--------|
| 1. | Laltlanmawii | — | Gold |
| 2. | Zohmingsangi | — | Silver |
| 3. | Rosy Hmingthansangi | — | Silver |
| 4. | Juliet Lalengkimi | — | Bronze |

Junior Boys

1. Lalngaizuala	—	Silver
2. V Lalhruaitluanga	—	Silver
3. Lalromawia	—	Silver
4. C Lalchhanhima	—	Silver
5. Lalnunsanga	—	Silver
6. Lalrohlua	—	Silver
7. Kawlhmingthanga	—	Bronze
8. Laltlanhlua	—	Bronze
9. Alfred	—	Bronze

Junior Girls

1. Mimi Lalnunhlimi	—	Gold
2. Judy Lalrinpuii	—	Gold
3. Laltanpuii	—	Gold
4. Zodinsangi	—	Silver
5. Lallawmzuali	—	Silver
6. H Lalnunmawii	—	Bronze
7. Lalduhawmi	—	Bronze

Officials —

Manager	—	R Laldingliani
Coach (Men)	—	Lalrivunga
Coach (Women)	—	Lalrinmawii

2013—

1. 37th National Arm Wrestling Championship at Ernakulum, Kerala during 27—31.5.2013

Junior Girls Category

1. H Lalnunmawii	-45 Kgs	—	Gold
2. R Lalnunsiami	-50 Kgs	—	Gold
3. Zodinsangi	-55 Kgs	—	Gold
4. R Lalnunsangi	-65 Kgs	—	Silver

Women's Category

1. Lawmnasangzuali	-50 Kgs	—	Silver
2. Zirthantluangi	-55 Kgs	—	Silver
3. K Lalhriatpuii	-65 Kgs	—	Silver

Men's Category

1. Kristaroluahpuitua	-55 Kgs	—	Silver
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Officials —

Manager	—	R Laldingliani
Asst. Manager	—	H Lalthakima
Coach	—	Lalrivunga
Asst. Coach	—	C Ramdinmawia

2014 —

1. 38th National Arm Wrestling Championship at Agra, Uttar Pradesh during 21—25.5.2014

Men's Category

1. Tlangrimawia	-60 Kgs	—	Gold
2. Kristaroluahpuitua	-55 Kgs	—	Bronze

Women's Category

1. Laltlanmawii	-55 Kgs	—	Gold
2. H Lawmnasangzuali	-50 Kgs	—	Silver
3. K Lalhriatpuii	-70 Kgs	—	Bronze

Junior Boy's Category

1. H Lalrinzuala	-60 Kgs	—	Silver
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2. H Lalhriatpuia -50 Kgs — Silver
3. Lalawmpuia -55 Kgs — Bronze

Junior Girl's Category

1. Zodingsangi -55 Kgs — Gold
2. Lalrempuii -45 Kgs — Gold
3. Zosangzuali -55 Kgs — Silver
4. Lalnunsangi Ralte -70 Kgs — Silver
5. Daisy Vanlalhlimpuii -50 Kgs — Silver

Officials —

- Manager — R Laldingliani
Coach — Lalrivunga