

ACHIEVEMENTS OF MIZORAM AMATEUR ATHLETICS ASSOCIATION

REGIONAL

1994 –

1. **VIII North East Sports Festival at Shillong, Meghalaya during 12–22.3.1994**
 1. Zodintluangi (Javelin) — Silver

1995 –

1. **IX North East Sports Festival at Agartala, Tripura during 25.2–1.3.1994**
 1. Zodintluangi (Javelin) — Silver

2000 –

1. **North East Sports Festival at Tinsukia, Assam during 29.1–1.2.2000**
 1. Zodintluangi — Bronze

2007 –

1. **1st North East Zone Junior Athletics Championship at Imphal, Manipur during 28–30.8.2007**
 1. David Lalkhawngaiha (Discuss) — Silver
 2. K Lalhmangaihzuala (Discuss) — Bronze
 3. K Lalawmpuia (10000 M) — Bronze
 4. K Lalawmpuia (500 M) — Bronze
 5. Zodinsangi (3000 M) — Silver
 6. Zodinsangi (5000 M) — Bronze

2008 –

1. **XII North East Games–2008 at Guwahati, Assam during 30.1–2.2.2008**
 1. R Vanlalruata (Discuss) — Silver
2. **2nd North East Junior Athletics Championship at Guwahati, Assam during 14–16.7.2008**
 1. Johny Vanlalruatsanga (High Jump) — Silver
 2. Lalramliani
 - a) Discuss Throw — Silver
 - b) Shot put — Silver
 1. David Lalkhawngaiha (Discuss Throw) — Bronze
 2. Zodinsangi (3000M) — Bronze

2010 –

1. **22nd East Zone Junior Athletic Championship during 1–3.8.2010**
 1. David Lalkhawngaiha (Discuss Throw) — Gold
 2. Vanlalpeka (3000M) — Silver
 3. Vanlalruati Sailo (Shot Put) — Bronze
 4. Johny Vanlalruatsanga Sailo (Triple Jump) — Bronze
 5. Ramtharngaki (600M) — Bronze

2011 –

1. **23rd East Zone Jr. Athletics Championship at Kolkata, W. Bengal during 1–3.8.2011**

Under 18 —

 1. Ramengmawii Sailo (Discuss Throw) — Silver
 2. Vanlalpeka (1500M) — Bronze
 3. Vanlalruati Sailo (Shot Put) — Bronze

Under 20 —

 1. David Lalkhawngaiha (Discuss Throw) — Bronze

- 2. 25th NE Games at Arunachal Pradesh during 25–30.4.2011**
1. R Vanlalruata (Discuss Throw) — Gold
 2. Ramtharnglaki (1500M) — Bronze
- Officials —**
Lalnunhluna & Ponty Lalramtluangi

2012 —

- 1. 26th NE Games at Aizawl, Mizoram during 20–23.3.2012**
1. Vanlalpeka (1500M) — Gold
 2. Vanlalruata (Discuss Throw) — Gold
 3. Lalnuntluangi (10000M) — Gold
 4. Zodintluangi (Javelin Throw) — Gold
 5. K Lalawmpuia (10000M) — Silver
 6. Ramengmawii Sailo (shot Put) — Silver
 7. Vanlalpeka (800M) — Bronze
 8. K Lalrinfela (Shot put) — Bronze
 9. Lalrinzuala (High Jump) — Bronze
 10. Ramtharnglaki (800M) — Bronze
 11. Ramengmawii Sailo (Discuss throw) — Bronze
 12. Ramengmawii Sailo (Javelin) — Bronze
 13. **4x100M Relay Team** — Bronze
 - 1) R Lalnunhlumi
 - 2) Lalsangliani
 - 3) Lalngaihzuai
 - 4) Lalnunpuui
- Officials —**
Lalngilneia & V Zothanbuangi

- 2. 24th East Zone Junior Athletics Championship at Kolkata, W. Bengal during 4–6.9.2012**
1. Zion Lalramngaihzuai U — 14 — Gold
 2. Johnny Vanlalruatsanga U — 20 — Silver
 3. Vanlalpeka U — 18 — Bronze
 4. Lalbiakhlui U — 14 — Bronze

2013 —

- 1. 27th NE Games 2012-2013 held at Imphal, Manipur during 8-11.4.2013**
1. Winkle Laltlanchhunga (Discuss Thow) — Silver
 2. Vanlalpeka (500 M) — Bronze
- Officials —**
Lalnunhluna & C Lalroliana

- 2. 25th East Zone Junior Athletics Championship at Ranchi, Jharkhand during 17-19.8.2013**
1. Ramengmawii Sailo
 - i) Discuss Throw) — Gold
 - ii) (Shot Put) — Silver
- Official —**
Manager cum Coach — C Roliana