

# ACHIEVEMENTS OF BODY BUILDING ASSOCIATION OF MIZORAM

## NATIONAL

### 2008 —

#### 1. Kalighosh Memorial National Body Building Championship at Siliguri (W. Bengal) during 14–16.11.2008

- |    |                     |         |   |        |
|----|---------------------|---------|---|--------|
| 1. | Vanlalhmuaaka       | -65 Kgs | — | Silver |
| 2. | Kennet Lalmuansanga | +75 Kgs | — | Bronze |
| 3. | Lalhlmpuia          | +70 Kgs | — | Bronze |

#### Official –

Manager–cum–Coach — Michael Hrangkhawl

### 2009 —

#### 1. Junior National Body Building Championship at Guwahati (Assam) during 11–12.6.2009

- |    |                    |           |   |        |
|----|--------------------|-----------|---|--------|
| 1. | Laltlannunga       | +70 Kgs   | — | Silver |
| 2. | Aldrin Lalthazuala | 60–70 Kgs | — | Silver |
| 3. | Lalnunhlma         | +70 Kgs   | — | Bronze |
| 4. | Lalhlmpuia         | +65 Kgs   | — | Bronze |

#### Official –

Manager–cum–Coach — Michael Hrangkhawl

### 2010 —

#### 1. National Body Building Championship at Jalpaiguri (North Bengal) during 15–16.8.2010

- |    |                    |         |   |        |
|----|--------------------|---------|---|--------|
| 1. | Jerry Lalnunsanga  | +60 Kgs | — | Silver |
| 2. | Laltlannunga       | +70 Kgs | — | Silver |
| 3. | Lalnunhlma         | +55 Kgs | — | Bronze |
| 4. | Aldrin Zosangliana | +40 Yrs | — | Bronze |

#### Officials –

Manager — Er. Chhungpuia

Coach — Michael Hrangkhawl

#### 2. Senior National Body Building Championship at Kolkata (W. Bengal) during 2–3.10.2010

- |    |                    |         |   |        |
|----|--------------------|---------|---|--------|
| 1. | Lalrammawia        | +70 Kgs | — | Silver |
| 2. | Lalhlmpuia         | +65 Kgs | — | Silver |
| 3. | Lalnunhlma         | +60 Kgs | — | Bronze |
| 4. | Aldrin Zosangliana | +55 Kgs | — | Bronze |
| 5. | Laltlannunga       | +50 Kgs | — | Bronze |

#### Officials –

Manager — Er. Chhungpuia

Coach — Michael Hrangkhawl