

ACHIEVEMENTS OF ALL MIZORAM KARATE ASSOCIATION

NATIONAL

1999 —

1. 8th National Karate Championship at Mumbai, Maharashtra during September, 1999

- | | | | | |
|----|----------------------|---------------|---|---------------|
| 1. | LalremSanga Khiangte | Kata & Kumite | — | Gold & Bronze |
| 2. | C Hmingthangvunga | Kata & Kumite | — | Gold & Silver |
| 3. | RL Lianbuka | Kata & Kumite | — | Silver |
| 4. | Lalduhliana Khiangte | Kata & Kumite | — | 2 Silver |
| 5. | C Lalthantluanga | Kata & Kumite | — | Gold |

Officials –

- | | | |
|---------|---|----------------------|
| Manager | — | RL Lianbuka |
| Manager | — | LalremSanga Khiangte |

2001 —

1. All India Open Senior Karate Championship at Jaipur, Rajasthan during 25–27.1.2001

- | | | | |
|----|----------------------|---|--------|
| 1. | C Hmingthangvunga | — | Silver |
| 2. | VL Peka Zote | — | Silver |
| 3. | LalremSanga Khiangte | — | Bronze |
| 4. | J Laldawngliana | — | Bronze |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | J Laldawngliana |
| Coach | — | C Dosavunga |

2. 2nd All India Shorin Ryu Karate Championship at Jaipur, Rajasthan during 26–29.9.2001

- | | | | |
|----|-------------------|---|---------------|
| 1. | Reuben Lalrosiama | — | Gold & Silver |
| 2. | R Vanlaldika | — | Gold |
| 3. | R Vanlalfela | — | Gold |
| 4. | Lalthlengliana | — | Silver |
| 5. | Asriel Hualngo | — | Silver |
| 6. | VL Peka Zote | — | Bronze |
| 7. | FC Sakhu | — | Bronze |
| 8. | Asriel Hualngo | — | Bronze |
| 9. | Lalduhkima | — | Bronze |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | J Laldawngliana |
| Coach | — | C Dosavunga |

2002 —

1. 3rd National Okinawan Shorin Ryu National Karate Championship at Mumbai, Maharashtra during 22–24.11.2002

- | | | | |
|-----|---------------------|---|-----------------|
| 1. | D Lalremruata | — | Gold |
| 2. | Agnee Zongensangi | — | Gold |
| 3. | PC Lalchhandami | — | Gold |
| 4. | Saitluangpuii Sailo | — | Gold |
| 5. | PC Vanlalkunga | — | Gold & Bronze |
| 6. | RunremSanga | — | Gold & Bronze |
| 7. | Zohmingthanga | — | Gold |
| 8. | Lalhminghlua Zote | — | Gold |
| 9. | R Vanlaldika | — | Gold |
| 10. | Lalchhuanawma | — | Silver |
| 11. | VL Hmangaihzuai | — | Silver |
| 12. | G Lalrindiki | — | Silver & Bronze |
| 13. | J Lalchhanzuala | — | Silver & Bronze |

- | | | |
|-------------------------|---|-----------------|
| 14. John Lalremmawia | — | Silver & Bronze |
| 15. B Lalmalsawma | — | Silver & Bronze |
| 16. Nancy Vanlalfaki | — | Bronze |
| 17. Linda Biakluni | — | Bronze |
| 18. C Hmingthangvunga | — | Bronze |
| 19. Zothangzuali | — | Bronze |
| 20. Saihmingliana Sailo | — | Bronze |
| 21. Roreldika | — | Bronze |
| 22. Sarah Lallawmzuali | — | Bronze |
| 23. Zairemmawia | — | Bronze |
| 24. Vanlalruata | — | Bronze |
| 25. C Lalnunmawia | — | Bronze |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | D Lalrintluanga |
| Coach | — | J Laldawngliana |

2003 —

1. 18th AIFK National Karate Championship at Mumbai, Maharashtra during 21–31.3.2003

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|--------------------|--------|---|------|
| 1. PC Lalchhandami | Kumite | — | Gold |
|--------------------|--------|---|------|

Officials –

- | | | |
|---------|---|-------------|
| Manager | — | R Zomawia |
| Coach | — | C Dosavunga |

2004 —

1. 5th Okinawan Shorin Ryu National Karate Championship at Jamshedpur, Jharkhand during April, 2004

- | | | | |
|---------------------------------|---|--------|--|
| 1. Elec Zoramthangi (12–14 Yrs) | | | |
| – Kumite | — | Gold | |
| – Kata | — | Silver | |
| 2. Linda Biakluni (53 Kgs) | | | |
| – Kumite | — | Silver | |
| – Kata | — | Bronze | |
| 3. Lalchhuanawma (10–12 Yrs) | | | |
| – Kata | — | Gold | |
| – Kumite | — | Bronze | |
| 4. PC Pakunga (-55 Kgs) | | | |
| – Kumite | — | Gold | |
| – Kata | — | Kata | |
| 5. Roreldika (-55 Kgs) | | | |
| – Kata | — | Gold | |
| – Kumite | — | Gold | |
| 6. R Lalchenpuia (-55 Kgs) | | | |
| – Kumite | — | Gold | |
| – Kata | — | Silver | |

Team — Bronze (Kata Events)

Officials –

- | | | |
|---------|---|-------------------|
| Manager | — | R Vanlaldika |
| Coach | — | C Hmingthangvunga |

2005 —

1. 6th Okinawan Shorin Ryu National Karate Championship at Aizawl, Mizoram during 22–24.3.2005

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|----------------------|---|---------------|
| 1. F Laltanpuia | — | 2 Gold |
| 2. Elec Zoramthangi | — | 2 Gold |
| 3. Agnee Zongensangi | — | 2 Gold |
| 4. Vanlalnelawma | — | Gold & Silver |
| 5. Zothanmawia | — | Gold & Silver |

6.	MC Lalchhanhimi	—	Gold & Silver
7.	C Zothansangi	—	Gold & Silver
8.	Linda Biaklun	—	Gold & Silver
9.	Lalremsiama	—	Gold & Bronze
10.	Malsawmsangi	—	Gold & Bronze
11.	Lianhmingthangi	—	Gold & Bronze
12.	Lianhmingthangi	—	Gold & Bronze
13.	C Lalmuansangi	—	Gold & Bronze
14.	Ramropuii	—	Gold & Bronze
15.	Vanlalremruata	—	Gold
16.	Lalthlengliana Sailo	—	Gold
17.	Jerry Zonunmawia	—	Gold
18.	PC Pakunga	—	Gold
19.	R Lalchenpuia	—	Gold
20.	Jonathan Lalchhanchhuaha	—	2 Silver
21.	Zothansangi	—	2 Silver
22.	Saidingpuii Sailo	—	2 Silver
23.	R Malsawmtluanga	—	Silver & Bronze
24.	V Lalrohlua	—	Silver & Bronze
25.	Johny C Lalchhuanthanga	—	Silver & Bronze
26.	Lalthawmmawia	—	Silver & Bronze
27.	H Vanlalawia	—	Silver & Bronze
28.	FVL Hmangaihzuali	—	Silver & Bronze
29.	K Laltanpuii	—	Silver & Bronze
30.	Baby Lalthazuali	—	Silver & Bronze
31.	Lalmangaihzuali	—	Silver & Bronze
32.	Lallawmawma	—	Silver
33.	Lalropuia	—	Silver
34.	V Lalchhuanmawii	—	Silver
35.	Lallawmzuala	—	2 Bronze
36.	Jimmy Zothanpuia	—	2 Bronze
37.	Lallawmkimi	—	2 Bronze
38.	Melody Lallawmzuali	—	2 Bronze
39.	Samuel Remtluangpuia	—	Bronze
40.	Lalawmawia	—	Bronze
41.	Vanlalngheta	—	Bronze
42.	SH Lalruatfela	—	Bronze
43.	Lalramthara	—	Bronze
44.	Joseph Lalthanmawia	—	Bronze
45.	C Vanlaltawka	—	Bronze
46.	Lalramtiamia Sailo	—	Bronze
47.	Laldinsanga	—	Bronze

Mizoram Team — Champion

Officials –

Manager — TC Lalremsiama

Coach — C Hmingthangvunga

2. 19th AIKF National Karate Championship at Chennai, Tamil Nadu during 24–30.4.2005

Kumite–

1.	PC Pakunga	—	Gold
2.	Reamlaruati	—	Silver
3.	Linda Biaklun	—	Bronze

Officials —

Manager — FC Sakhu

Coach — D Lalrintluanga

2006 —

1. 7th Okinawan Shorin Ryu National Karate Championship at Simla, Himachal Pradesh during 22–26.4.2006

1. Lalnunziri
 - Kata — Silver
 - Kumite — Bronze
2. Zothanpuui
 - Kumite — Silver
 - Kata — Bronze
3. Lalmalsawmi
 - Kumite — Gold
 - Kata — Gold
4. Elec Zoramthangi
 - Kumite — Gold
 - Kata — Silver
5. Baby Laldusangi
 - Kumite — Gold
 - Kata — Silver
6. Hmingthanpuia
 - Kumite — Bronze
 - Kata — Bronze
7. Kapthanthanga
 - Kata — Gold
 - Kumite — Bronze
8. Lalremsiama
 - Kumite — Silver
 - Kata — Bronze
9. Lalropuia Kumite — Silver
10. FC Sikhu Kata — Silver
11. H Lalhriatpuia Kumite — Bronze
12. C Lalawmpuia Kumite — Silver
13. Lalawmpuia Kumite — Bronze
14. Michael Lalmuanawma Kumite — Gold
15. C Lalrinsanga Kumite — Bronze
16. C Lalengliana Kumite — Bronze

Girl's Team —

1. Kata — Silver
2. Kumite — Silver

Boy's Team —

1. Kata — Bronze
2. Kumite — Bronze

Officials –

- Manager — J Laldawngliana
Coach — C Dosavunga

2. 5 Bronze medal in 20th AIKF National Karate Championship at Bangalore during 1–6.8.2006

3. 2 Gold Medal, 1 Silver Medal, 2 Bronze Medal in 21st Annual Karate Training Camp & National Championship for Goju Ryu Karate at Mumbai (Maharashtra) during 26–30.12.2006

2007 —

1. 4 Gold Medal, 5 Silver Medal & 6 Bronze Medal in 8th Okinawan Shorin Ryu National Karate Championship at Jaipur, Rajasthan during 28–31.3.2007

2. Okinawan Shorin Ryu National Karate Championship at Ranikhet, Uttaranchal during 1–4.11.2007

1. Vanlalchhuanawma — 3 Gold

2.	Lalrinzuali	—	3 Gold
3.	Lalthakimi	—	2 Gold
4.	F Lalchhuanawma	—	2 Gold
5.	Vanlalnelawma	—	2 Gold
6.	Malsawmdawngzela	—	2 Gold
7.	Vanlalthanpuia	—	Gold & Silver
8.	Irene Lalchhanhimi	—	Gold & Silver
9.	Lalchhandama	—	Gold & 2 Bronze
10.	Babie Laldusangi	—	Gold & Bronze
11.	Reuben Lalhmingmawia	—	Gold
12.	Lalliantluanga Sailo	—	Gold
13.	SH Lalruatfela	—	Gold
14.	C Lalrinsanga	—	Gold
15.	KL Vabeikypacha	—	Gold
16.	Lalropuia	—	2 Silver
17.	C Lalengliana	—	2 Silver
18.	Zoramsangzela	—	2 Silver
19.	R Malsawmtluanga	—	2 Silver
20.	Jonathan Lalsangliana	—	2 Silver
21.	Zodiki Khiangte	—	Silver
22.	Lalbiakzuali	—	Silver
23.	Zohmingliana	—	Silver
24.	SR Zoramthara	—	Silver
25.	Vanlalremtluanga	—	Bronze
26.	Vanlalhruaia	—	Bronze

2008 —

1. 22nd All India Karate-Do Federation (AIKF) Bose Stadium, Kolkata, W Bengal during 25–28.9.2008

Junior—

1.	FVL Hmangaihzuali	-48 Kgs	—	Silver
2.	F Laltanpuia	55.1–60 Kgs	—	Bronze

Sub—Junior—

2.	Laltanpuui		—	Bronze
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Cadet—

3.	Lalrinzuala	-50 Kgs	—	Bronze
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Officials –

Manager	—	Aldrin Lalrengpuia
Coach	—	R Vanlaldika

2. All India Ken-Ei-Mabuni Shito Ryu Karate National Championship–2008 at Baroda (Vadodara), Gujarat during 6–8.12.2008

Senior—

1.	C Lalengliana	60–65 Kgs	—	Gold & Silver
2.	R Lalruatfela	55–60 Kgs	—	Gold
3.	Biaknunga	-55 Kgs	—	Gold
4.	Lalropuia	-75 Kgs	—	Gold
5.	H Lalfangzauva	70–75 Kgs	—	Gold
6.	R Malsawmtluanga	65–70 Kgs	—	Silver

Junior—

7.	PC Lalawmpuia	-55 Kgs	—	Silver
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Sub—Junior—

8.	R Lalremruata		—	Gold
9.	Lalrinzuali		—	2 Gold
10.	Vanlalnelawma		—	Gold & Silver

Cadet—

- | | | | |
|---------------------------|-----------|---|--------|
| 11. Vanlalthanpuia | 40–45 Kgs | — | Gold |
| 12. Irene Lalchhanhimi | +48 Kgs | — | 2 Gold |
| 13. Zohmingliana | 55–60 Kgs | — | Silver |
| 14. Jonathan Lalsangliana | 50–55 Kgs | — | 2 Gold |

Officials –

- | | | |
|---------|---|----------------|
| Manager | — | H Lalfangzauva |
| Coach | — | Lalropuia |

2009 —**1. 10th World Shotokan Karate Do Federation of Indian National Karate Championship–2009 at Nasik, Maharashtra during 24–28.5.2009**

- | | | | |
|-------------------|---------|---|--------|
| 1. Lalchhuansanga | -65 Kgs | — | Gold |
| 2. C Laltanpuui | -48 Kgs | — | Gold |
| 3. F Lalthanpuui | -55 Kgs | — | Bronze |

Officials –

- | | | |
|---------|---|-------------------|
| Manager | — | Lalramthara |
| Coach | — | C Hmingthangvunga |

2. Seishinkai Shito Ryu National Championship–2009 at Kolkata, W. Bengal during 26–27.8.2009**Senior—**

- | | | | |
|------------------|-----------|---|--------|
| 1. Lalrinthanga | 60–65 Kgs | — | Bronze |
| 2. Lalrotlinga | 55–60 Kgs | — | Bronze |
| 3. Lalrintluanga | 50–55 Kgs | — | Bronze |

Cadet—

- | | | | |
|------------------|-----------|---|--------|
| 4. Vanthangpuia | 50–55 Kgs | — | Bronze |
| 5. Vanlalduati | 45–50 Kgs | — | Bronze |
| 6. Liansiandinga | -45 Kgs | — | Bronze |

Officials –

- | | | |
|---------|---|---------------------|
| Manager | — | Lalrinthanga |
| Coach | — | David MS Dawngliana |

3. All India Ken–Ei–Mabuni Shito Ryu Karate National Championship–2009 at Muzaffarpur, Bihar during 1–4.10.2009**Junior—**

- | | | | |
|---|-----------------|---|-----------------|
| 1. Jonathan Lalsangliana
(Kata & Kumite) | 50–55 Kgs | — | 2 Silver |
| 2. Lalchhandama | 65–70 Kgs | — | Silver & Bronze |
| 3. PC Zodinthara | 70–75 Kgs | — | Silver |
| 4. Zosangpuui | Individual Kata | — | Bronze |
| 5. Lalrinsanga | Individual Kata | — | Bronze |
| 6. J Vanlalenkawla | Individual Kata | — | Bronze |
| 7. Henry Lalremmawia | Individual Kata | — | Bronze |

Sub—Junior—

- | | | | |
|---------------------|--|---|------|
| 8. Amos Lalthazuala | | — | Gold |
| 9. F Laldinpuui | | — | Gold |

Cadet—

- | | | | |
|--------------------------|---------------|---|---------------|
| 10. Reuben Lalhmingmawia | 40–45 Kgs | — | Gold & Bronze |
| 11. Lalrinzuali | 40–45 Kgs | — | Gold |
| 12. Lalchhanhima | 50–55 Kgs | — | Gold & Bronze |
| 13. K. Derrick | Kata & Kumite | — | 2 Silver |

Officials –

- | | | |
|------------|---|-----------------------|
| 1) Manager | — | T Lalropuia |
| 2) Coach | — | Jonathan Lalsangliana |

4. 23rd All India Karate–Do Federation Junior & Cadets National Karate Championship at Erode, Tamil Nadu during 26–28.12.2009

Junior—

- | | | | |
|-----------------------|---------|---|--------|
| 1. Lalchhandama | -76 Kgs | — | Gold |
| 2. Lalhumhimi | -52 Kgs | — | Silver |
| 3. Irene Lalchhanhimi | -56 Kgs | — | Bronze |

Cadet—

- | | | | |
|--------------------|---------|---|--------|
| 4. Dimsannuam | -47 Kgs | — | Bronze |
| 5. J Vanlalenkawla | -57 Kgs | — | Bronze |

Officials –

- Manager — J Laldawngliana
Coach — Jonathan Lalsangliana

2010 —

1. 11th World Shotokan Karate–Do Federation of India National Karate Championship–2009 at D.C. Public School, Khandala, Maharashtra during 30.5–3.6.2010

Senior—

- | | | | |
|------------------|-----------|---|------|
| 1. F Laltanpuia | 55–60 Kgs | — | Gold |
| 2. Lalrawngbawla | 45–50 Kgs | — | Gold |

Junior—

- | | | | |
|----------------------|---------|---|--------|
| 3. Lalchhuansanga | +65 Kgs | — | Gold |
| 4. FVL Hmangaihzuali | -50 Kgs | — | Gold |
| 5. C Laltanpuui | -48 Kgs | — | Silver |

Officials –

- Manager — Lalremsanga Khiangte
Coach — C Hmingthangvunga

2. 5th International Shorin Ryu Seibukan Karate Championship 2010 at Chennai, Tamil Nadu during 7–8.8.2010

- | | | | |
|--------------------|--|---|--------|
| 1. Thangkhumi | | — | Bronze |
| 2. Zohmangaihsangi | | — | Bronze |

Officials –

- Manager — Lalrinliana
Coach — Lenghmingthanga

3. 5th All India Shito Ryu Seiki Kai Karate National Championship–2010 at Rishikesh, Uttarakhand during 30.4–2.5.2010

- | | | | |
|-------------------------|--|---|--------|
| 1. Reuben Lalhmingmawia | | — | Gold |
| 2. Malsawmsawngzela | | — | Gold |
| 3. Lalchhandama | | — | Gold |
| 4. J Vanlalenkawla | | — | Gold |
| 5. Irene Lalchhanhimi | | — | Gold |
| 6. Laldampaia | | — | Silver |
| 7. K Derrick | | — | Silver |
| 8. Lallawmkimi | | — | Silver |
| 9. Lalhlimpuii | | — | Silver |
| 10. Lalthakimi | | — | Bronze |

Officials –

- Manager — H Lalfangzauva
Coach — Jonathan Lalsangliana

2011 —

1. 34th National Games at Jharkhand during 12—26.2.2011

- | | | | |
|------------------|---------|---|--------|
| 1. F Laltanpuia | -61 Kgs | — | Bronze |
| 2. Lalrawngbawla | -55 Kgs | — | Bronze |

Officials –

Manager — J Laldawngliana
 Coach — C Hmingthangvunga

3. 12th WSKFI National Karate Championship 2011 at Amritsar, Punjab during 21–25.5.2011**Senior—**

- | | | | | |
|----|----------------------|-----------|---|-----------------|
| 1. | F Laltanpuia | 55–60 Kgs | — | 2 Gold |
| 2. | FVL Hmangaihzuali | -48 Kgs | — | 2 Gold |
| 3. | Lalrawngbawla | 45–50 Kgs | — | 2 Gold & Silver |
| 4. | Lalremsanga Khiangte | +70 Kgs | — | Bronze |

Junior—

- | | | | | |
|-----|----------------------|-----------|---|-----------------------|
| 5. | Lalthuammawia | 55–60 Kgs | — | Gold |
| 6. | David Rosangvunga | 60–65 Kgs | — | 2 Gold |
| 7. | Gospel Laltanpuia | 50–55 Kgs | — | Gold |
| 8. | C Lalchhanhima | -50 Kgs | — | 2 Gold |
| 9. | David Malsawmtluanga | 65–70 Kgs | — | 2 Gold |
| 10. | Dimsannuami | 45–50 Kgs | — | Gold, Silver & Bronze |
| 11. | Zothanpuui | 50–55 Kgs | — | 2 Silver & 1 Bronze |
| 12. | Lallawmzuali | 55–60 Kgs | — | 1 Silver & 1 Bronze |

Officials –

Manager — C Hmingthangvunga
 Coach — Lalremsanga Khiangte

4. All India Invitational Karate–Do Championship, Federation Cup–2011 at Kolkata, W. Bengal during 20–21.9.2011**Senior—**

- | | | | | |
|----|-------------------------|-----------|---|--------|
| 1. | Francis Vanlalhruaizela | 60–65 Kgs | — | Gold |
| 2. | Lalnunfima | 55–60 Kgs | — | Gold |
| 3. | Anush Kumar | 65–70 Kgs | — | Silver |
| 4. | Kumar Chhetri | 50–55 Kgs | — | Bronze |

Junior—

- | | | | | |
|----|--------------------|-----------|---|--------|
| 1. | Ruby Laltlanhlui | -45 Kgs | — | Gold |
| 2. | Melody Ramdinsangi | 45–50 Kgs | — | Silver |
| 3. | Vanlalmawia | 50–55 Kgs | — | Silver |

Sub—Junior—

- | | | | | |
|----|--------------|--|---|--------|
| 1. | Ramngaihawmi | | — | Silver |
|----|--------------|--|---|--------|

Cadet—

- | | | | | |
|----|---------------|-----------|---|--------|
| 1. | Vanlalawmpuia | 40–45 Kgs | — | Bronze |
|----|---------------|-----------|---|--------|

Officials –

Manager — Lalrinthanga
 Coach — David MS Dawngliana

2012 –**1. 6th Shito Ryu National Karate Championship at Luangmual, Aizawl during 16–25.1.2012****Sub—Junior—**

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|----|------------------|-----------|---|---------------|
| 1. | Vanlalremtluanga | -10 Yrs | — | Gold & Silver |
| 2. | Lalhlimpuia | 11–12 Yrs | — | Gold |
| 3. | Malsawmdawngzela | 13–15 Yrs | — | Gold |
| 4. | TS Sanga | 11–12 Yrs | — | Silver |
| 5. | Laldampuia | 13–15 Yrs | — | Silver |
| 6. | Lalkhawngaihi | -10 Yrs | — | 2 Gold |
| 7. | Lalhriatpuui | 11–12 Yrs | — | Gold & Silver |
| 8. | Laldinpuui | 13–15 Yrs | — | Silver |
| 9. | Lalnunsangi | 13–15 Yrs | — | Silver |

Junior—

1.	Derick B Khully	45–50 Kgs	—	2 Silver
2.	Subash Kanti	50–55 Kgs	—	Silver
3.	J Vanlalenkawla	55–60 Kgs	—	Gold
4.	Lalsangliana	60–65 Kgs	—	Gold
5.	J Chakma	-40 Kgs	—	Silver
6.	K Lalsiamthari	-40 Kgs	—	Gold
7.	F Laldinpuii	45–50 Kgs	—	2 Silver
8.	S Chakma	+50 Kgs	—	Bronze
9.	Lalthakimi	Junior Girls Kata	—	Bronze

Senior—

1.	Lalrinsanga	-50 Kgs	—	Gold & Silver
2.	Vanlalthanpuia	50–55 Kgs	—	Bronze
3.	PC Pakunga	55–60 Kgs	—	Silver
4.	Malsawmzuala	60–55 Kgs	—	Gold
5.	Lalchhandama	+70 Kgs	—	Gold
5.	Lalmuanpuii	-45 Kgs	—	Silver
6.	K Laltanpuii	50–55 Kgs	—	Bronze
7.	Irene Lalchhandami	55–60 Kgs	—	2 Gold
8.	KL Vabeikypacha	55–60 Kgs	—	Silver
9.	C Lalengliana	70–75 Kgs	—	Bronze
10.	T Rohmingliana	+75 Kgs	—	Silver
11.	Baby Laldusangi	50–55 Kgs	—	Gold
12.	Lallawmkimi	+60 Kgs	—	Gold

Officials –

Manager	—	J Laldawngliana
Coach	—	FC Sahku

2. 8th All India Shito Ryu Seiko Kai Karate–Do Championship–2012 at Talkatora Stadium, New Delhi during 20–22.4.2012**Cadet**

1.	Vanlalchhuanawma	Kumite	—	Gold
2.	Lalnunsangi Ngurte	Kata	—	Silver
3.	F Laldinpuii	Kumite	—	Silver

Sub–Junior

1.	TS Sanga	Kumite	—	Gold
2.	Lalhmagaihzuwala Hnamte	Kumite, Kata	—	Silver & Bronze
3.	Lalhriatpuii Hnamte	Kumite	—	Silver

Junior

1.	K Lalsiamthari	Kumite	—	Gold ‘Best Player Girl’
2.	Lalsangliana	Kumite	—	Silver
3.	Reuben Lalhmingmawia	Kumite	—	Bronze

Above 18 Yrs

1.	Irene Lalchhandami	—	—	Gold
2.	Vanlalthanpuia	—	—	Silver

Senior

1.	PC Zodinthara (Kumite)	—	—	Bronze
2.	Lalrinsanga (Kata)	—	—	Bronze

Officials –

Manager	—	Sensei J Laldawngliana
Coach	—	Sensei Vanlaltawka

3. 24th AIKF National Cadet & Junior Karate Championship at Talkotara Stadium, New Delhi during 18–19.5.2012

Cadet

- | | | | |
|----|------------------|---|--------|
| 1. | Hmangaihsangpuia | — | Bronze |
| 2. | K Vanlalmawii | — | Bronze |

Officials –

- | | | |
|---------|---|-------------------|
| Manager | — | C Hmingthangvunga |
| Coach | — | R Malsawmtluanga |

4. 17th National Karate Championship–2012 at Pune, Maharashtra during 26–27.5.2012

- | | | | |
|-----|-------------------------|---|--------|
| 1. | Obed Lalramthara | — | Gold |
| 2. | Esther Lalramnghinglovi | — | Gold |
| 3. | Councilthara | — | Gold |
| 4. | Lallawmzuala | — | Gold |
| 5. | F Laltanpuia | — | Gold |
| 6. | David Malsawmtluanga | — | Gold |
| 7. | Gospel Lalthanpuia | — | Gold |
| 8. | Dimsannuami | — | Bronze |
| 9. | Zorinkimi | — | Bronze |
| 10. | Lalrawngbawla | — | Bronze |
| 11. | Lalramthara | — | Bronze |
| 12. | Lalmuanawmi | — | Bronze |

- | | | | | |
|---------------|---|---------------------------------|---|----------------------|
| Trophy | — | 1. Champion of Champions Trophy | — | F Laltanpuia |
| | | 2. Runner's Up Trophy | — | David Malsawmtluanga |

Official –

- | | | |
|-------|---|-------------------|
| Coach | — | C Hmingthangvunga |
|-------|---|-------------------|

5. 3rd RSC Karate & Kubudo National Championship–2012 at Kochi, Kerala during 14–15.8.2012

- | | | | | |
|----|--------------------------|-----------|---|--------|
| 1. | Lalruatdiki | 10–12 Yrs | — | Gold |
| 2. | Lalthlanawma | 12–14 Yrs | — | Gold |
| 3. | Joseph Malsawmdawngliana | -60 Kg | — | Gold |
| 4. | Zodintluanga | 12–14 Yrs | — | Silver |
| 5. | Malsawmkima | 13–14 Yrs | — | Silver |
| 6. | Timothy R Lalhruaihlua | 10–12 Yrs | — | Silver |
| 7. | Lalbiaksanga | 10–12 Yrs | — | Bronze |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | Lalneihthari |
| Coach | — | Lenghmingthanga |

6. 25th AIKF Senior National Karate Championship at Talkotara Stadium, N. Delhi during 17–18.8.2012

- | | | | | |
|----|----------------------|---------|---|--------|
| 1. | David Malsawmtluanga | -75 Kgs | — | Silver |
| 2. | Lallawmzuala | -60 Kgs | — | Bronze |
| 3. | FVL Hmangaihzuai | -50 Kgs | — | Bronze |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | J Laldawngliana |
| Coach | — | C Dosavunga |

7. All India Inter–School National Karate Championship & Senior Karate Championship–2012 at Kolkata, W. Bengal during 18–20.8.2012

- | | | | |
|----|----------------------|---|--------|
| 1. | Melody Ramdinsangi | — | Gold |
| 2. | Laltlanchhuahi | — | Gold |
| 3. | Francis VL Hruaizela | — | Silver |
| 4. | Nicky Zolianmawia | — | Silver |
| 5. | Lalmangaihsanga | — | Silver |

- | | | | |
|-----|------------------|---|--------|
| 6. | Lalrinsanga | — | Silver |
| 7. | Ramngaihawmi | — | Silver |
| 8. | Madev Chaturvedi | — | Silver |
| 9. | Lalnunfima | — | Bronze |
| 10. | Lalruatkima | — | Bronze |
| 11. | Lalremruata | — | Bronze |
| 12. | Vanlalmawia | — | Bronze |
| 13. | Liansiandinga | — | Bronze |

Officials –

- | | | |
|---------|---|---------------------|
| Manager | — | Selbuanga |
| Coach | — | David MS Dawngliana |

8. 58th National School Games–2012 at at Indore, Madhya Pradesh during 30.10–4.11.2012

- | | | | | |
|----|------------------|---------|---|--------|
| 1. | Lalrinzuali | -52 Kgs | — | Silver |
| 2. | C Lalchhanhima | -65 Kgs | — | Silver |
| 3. | Vanlalchhuanawma | -45 Kgs | — | Bronze |
| 4. | Khansianmunga | -55 Kgs | — | Bronze |
| 5. | Lallawmzuala | -60 Kgs | — | Bronze |

Officials –

- | | | |
|-------------------|---|-----------------|
| Manager–cum–Coach | — | J Laldawngliana |
|-------------------|---|-----------------|

9. 1st AIFK Open National Karate Championship—2012 at New Delhi during 8–10.11.2012

- | | | | | |
|----|-------------------|-----------------|---|------|
| 1. | F Laldinpuii | -40 Kgs (Cadet) | — | Gold |
| 2. | Zohmangaihsangi | -54 Kgs (Cadet) | — | Gold |
| 3. | K Lalsiamthari | -48 Kgs (Jr.) | — | Gold |
| 4. | FVL Hmangaihzuali | -45 Kgs (Sr.) | — | Gold |
| 5. | Vanlalthanpuia | -55 Kgs (Sr.) | — | Gold |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | Malsawmzuala |
| Coach | — | Lenghmingthanga |

2013 –

1. 13th WSKFI National Karate Championship–2013 at Ahmednagar, Maharashtra during 22–26.5.2013

- | | | | | |
|-----|-------------------------|-----------|---|---------------|
| 1. | Lalremruata | 12–13 Yrs | — | Gold |
| 2. | Esther Lalramnghinglovi | 14–15 Yrs | — | Gold |
| 3. | Hmangaihsangpuia | 14–15 Yrs | — | Gold |
| 4. | Councilthara | 16–17 Yrs | — | Gold |
| 5. | Zion Lalrammawii | 16–17 Yrs | — | Gold |
| 6. | C Lalchhanhima | 18–20 Yrs | — | Gold |
| 7. | Lalmuanawmi | +50 Kgs | — | Gold & Silver |
| 8. | Zothanpuii | 18–20 Yrs | — | Gold |
| 9. | F Laltanpuia | 55–56 Kgs | — | Gold |
| 10. | Lalrindika | 14–15 Yrs | — | Silver |
| 11. | Lalramthara | +65 Kgs | — | Silver |
| 12. | Zonunmawii | 18–20 Yrs | — | Bronze |
| 13. | Lalrawngbawla | -55 Kgs | — | Bronze |

Officials –

- | | | |
|---------|---|--------------|
| Manager | — | F Laltanpuia |
| Coach | — | Lalramthara |

2. 26th AIKF Karate Championship 2013 during 11-13.9.2013 at New Delhi

- | | | | | |
|----|------------------|-----------------|---|--------|
| 1. | Khansiamunga | -61 Kgs (Jr) | — | Gold |
| 2. | Vanlalthanpuia | -55 Kgs (Sr) | — | Silver |
| 3. | Hmangaihsangpuia | -52 Kgs (Cadet) | — | Bronze |
| 4. | PC Vanlalruati | -58 Kgs | — | Bronze |

Officials –

- | | | |
|---------------|---|-----------------|
| Manager | — | J Laldawngliana |
| Asst. Manager | — | Lalramthara |

2014 —

1. 26th AIKF National Karate Championship held at Jamshedpur, Jharkhand during 15-18.1.2014

- | | | | | |
|----|------------------|--------|---|--------|
| 1. | F Laltanpuia | 61Kgs | — | Gold |
| 2. | FVL Hmangaihzuai | 50 Kgs | — | Silver |

Officials –

- | | | |
|---------|---|-----------|
| Manager | — | TBC Hnuna |
| Coach | — | FC Sakhu |

2. 8th National Karate & Kobudo Championship 2014 at Chennai, Tamil Nadu during 22-23.2.2014

Children—

- | | | | |
|----|-------------|---|---------------|
| 1. | Lalruathlui | — | Gold & Bronze |
|----|-------------|---|---------------|

Cadet—

- | | | | |
|----|-------------|---|------|
| 1. | Lalruatdiki | — | Gold |
| 2. | Lalruatdiki | — | Gold |

Sub-Junior—

- | | | | |
|----|----------------|---|------|
| 1. | Lalchhuanliana | — | Gold |
|----|----------------|---|------|

Junior—

- | | | | | |
|----|-------------|---|--------|--|
| 1. | Rosangliana | | | |
| | i) Kumite | — | Silver | |
| | ii) Kata | — | Bronze | |

Senior (60-70 Kgs)

- | | | | | |
|----|---------------------|---|--------|--|
| 1. | Jacob Vanhruailiana | | | |
| | i) Kata | — | Silver | |
| | ii) Kumite | — | Bronze | |

Officials –

- | | | |
|---------|---|-----------------|
| Manager | — | Lalneihthari |
| Coach | — | Lenghmingthanga |

3. 14th WSKFI National Karate Championship at Khandala, Maharashtra during 12-16.5.2014

- | | | | |
|-----|------------------------|---|--------|
| 1. | F Laltanpuia | — | Gold |
| 2. | Zochhuanawma | — | Gold |
| 3. | Dimsannuami | — | 2 Gold |
| 4. | Vanlalthlanawma | — | Silver |
| 5. | Lalremruati Ralte | — | Silver |
| 6. | Lalhruaizela | — | Silver |
| 7. | Lalramthara | — | Bronze |
| 8. | Lalrawngbawla | — | Bronze |
| 9. | Lalruatmawia | — | Bronze |
| 10. | John Bunyan Lalrinawma | — | Bronze |

Officials –

Lalramthara

4. National Karate Championship (Sub-Junior, Cadet, Junior & U-21) 2014 at N. Delhi during 2-6.6.2014

1. Zorinkima +68Kgs (Junior) — Bronze
2. Lallawmzuala -68 Kgs (U-21) — Bronze
3. Lalsangliana -78Kgs (U-21) — Bronze
4. Lalmuanawmi -53 Kgs (U-21) — Bronze
5. Zonunmawii -60 Kgs (U-21) — Bronze

Officials –

- Manager — Lalnunhlua
Coach — FC Sakhu