

ACHIEVEMENTS OF MIZORAM TUG-OF-WAR ASSOCIATION

NATIONAL

2009 —

1. **21st Senior National Tug-of-War Championship at Madurai, Tamil Nadu during 23–26.1. 2009**

Mizoram Team (Durtlang North Branch YMA) — Gold

1. Lalruatfela (Captain)
2. K Lalhruaia
3. Vanlalruata
4. John Lalthakima
5. Amos Vanlalruata
6. Lalrintluanga
7. Lalhruaitluanga
8. Lallianzuala
9. Laltanpuia
10. R Zonunmawia (Coach)

2. **7th Federation Cup Senior National Tug-of-War Championship at Madurai, Tamil Nadu during 23–26.1. 2009**

Mizoram Team (Zemabawk North Branch YMA) — Silver

1. MS Dawngliana (Captain)
2. H Lalthlangdika
3. G Lalmuanpuia
4. R Lalmalsawma
5. L Lalmalsawma
6. KD Hmingthanga
7. Lalsiammawia
8. Lalremsanga
9. PC Thlamuanpuia
10. Hrangliana (Coach)

3. **22nd Senior Women National Championship at Kota, Rajasthan during 3–6.10.2009**

Mizoram Team (Zemabawk North Branch YMA) — Gold

1. Lalduhawmi Kawlni
2. Lalhmingthangi
3. Lalruatdiki
4. R Lalmuanpuii
5. H Vanlalchhuangi
6. Vanlalruatfeli
7. C Lalremruati
8. R Malsawmtluangi

2011 —

1. **9th Senior Men Federation Championship at Aizawl, Mizoram during 8–11.3.2011**

Mizoram Team (Men) 480 Kgs. — Bronze

1. Laltanpuia
2. Lalrintluanga
3. Laldinthara
4. Lalrinchhana
5. L Hruaitluanga
6. Malsawmtluanga
7. C Vanlalruata
8. K Lalhruaia
9. K Lalremsanga

Mizoram Team (Women) 480 Kgs. — Silver

1. Lalduhawmi Kawlni
2. R Malsawmthluangi
3. C Lalremruati
4. Lalhmingthangi
5. Vanlalruatfeli
6. H Lalthlangdika
7. Zahmingthanga
8. Johny Lalnunpuia
9. K Lalsiammawia

Mizoram Team (Mixed) 560 Kgs. — Silver

1. Lalduhawmi Kawlni
2. R Malsawmthluangi
3. C Lalremruati
4. Lalhmingthangi
5. Vanlalruatfeli
6. H Lalthlangdika
7. Zahmingthanga
8. Johny Lalnunpuia
9. K Lalsiammawia

2. 6th Junior (Men) Federation Cup National Tug-of-War Championship at Aizawl, Mizoram during 8–11.3.2011

Mizoram Team 560 Kgs. — Bronze

1. Lalbiakchhuana
2. Laltanpuia
3. Lalthawmmawia
4. KMS Dawngliana
5. Hmingthangtluanga
6. Lalropuia
7. R Lalchhantluanga
8. Vanlalfela
9. Chingliansanga

2013 —

1. 1st Beach National Senior Tug-of-War Championship held at Tamil Nadu during 11–14.6.2013

Mizoram Team — Bronze