

# ACHIEVEMENTS OF MIZORAM WEIGHTLIFTING ASSOCIATION

## CONTINENTAL

1. **PC Vanlalawmpuii** participated in the 3<sup>rd</sup> Asian Youth Weightlifting Championship at Tashkent, Uzbekistan during 21—25.8.2005
2. **TBC Lalchhanhima** (-56 Kgs Category) represented India and won Bronze Medal in 15<sup>th</sup> Asian Youth (Boys & Girls) Weightlifting Championship at Doha, Qatar during 26.5-2.6.2013
3. **TBC Lalchhanhima** (-56 Kgs Category) represented India and won Bronze Medal in 2<sup>nd</sup> Asian Youth Games at Nanjing, China during 16-24.8.2013
4. 2<sup>nd</sup> Asian Youth Games at Nanjing, China during 16-24.8.2013
  1. **TBC Lalchhanhima** (-56 Kgs Category) — Gold
  2. **Lalzuidika** (-56 Kgs Category) — Silver