

ACHIEVEMENTS OF MIZORAM WEIGHTLIFTING ASSOCIATION

INTERNATIONAL

1. **TBC Lalchhanhima and Lalzuidika** represent India in IWF Youth (Boys & Girls) World Weightlifting Championship held at Tashkent, Uzbekistan during 6–13.4.2013
 1. TBC Lalchhanhima -56 Kgs — 16th
 2. Lalzuidika -56 Kgs — 26th

4. 2013 Commonwealth Youth Championship at Penang, Malaysia during 26-30.11.2013
 1. TBC Lalchhanhima -56 Kgs — Gold
 2. Lalzuidika -56 Kgs — Silver