

ACHIEVEMENTS OF MIZORAM WEIGHTLIFTING ASSOCIATION

NATIONAL

2003 —

1. 1st Sub-Junior National Weightlifting Championship at Kozhikode, Kerala during 14–17.12.2003

1. Lalhmangaihi — Bronze

Officials –

Manager — Zohmangaiha

Coach — Malsawma Kiangte

2004 —

1. 2nd Sub-Junior National Weightlifting Championship at Andheri, Mumbai (Maharashtra) during 4–6.9.2004

1. Lalhmangaihi — Bronze

Officials –

Manager — Zohmangaiha

Coach — Malsawma Kiangte

2. 2nd All India Women Weightlifting Championship at Lucknow, Uttar Pradesh during 27–28.12.2004

1. PC Vanlalawmpuii — 1 Silver & 2 Bronze

Overall — Bronze

Official –

Coach-cum-Manager — Zohmangaiha

2005 —

1. 3rd Sub-Junior National Weightlifting Championship at Bhilai, Chhattisgarh during 20–24.9.2005

1. PC Vanlalawmpuii — Gold, Silver & Bronze

Overall — Silver

2. Lalhruaikimi — 2 Bronze

Overall — Bronze

Officials –

Manager — Zohmangaiha

Coach — Malsawma Kiangte

2007 —

1. 37th All India Rural Sports Tournament Group at Aizawl, Mizoram during 16–19.1.2007

1. Lalchhandami — Gold

2. PC Remlalliani — Silver

3. Goldenthanga — Silver

Officials –

Manager — Zohmangaiha

Coach — Malsawma Kiangte

2. 43rd Men & 19th Women Junior National Weightlifting Championship at Chennai, Tamil Nadu during 1–4.3.2007

1. Lalchhandami — Bronze

Officials –

Manager — R Lalrinmawia

Coach — Malsawma Kiangte

3. 4th Sub–Junior Boys & Girls National Weightlifting Championship at Imphal, Manipur during 21–24.11.2007

1. Lalmangaihi — 2 Bronze
Overall — Bronze

Officials –

- Manager — Zohmangaiha
Coach — Imo Singh

2008 –

1. 3rd National Inter–School Games at Gurdaspur, Punjab during 24–27.12.2008

1. PC Remlalliani -58 Kgs — Gold
2. Lalchandami +75 Kgs — Gold
3. Lalfakzuali -58 Kgs — Silver
4. Lalchhanhimi -69 Kgs — Silver
5. K Lalbiakmawii +75 Kgs — Silver
6. Emmanuel H Khawlhing -69 Kgs — Silver
7. Lalhlimpuii -44 Kgs — Bronze
8. Lalnghakliana -56 Kgs — Bronze

Mizoram Girls' Team — Champion

Official –

Malsawma Kiangte

2010 –

1. 44th Men & 20th Women Junior National Weightlifting Championship at Rajadhra Mines, Durg District (Chhattisgarh)

1. Rotluanga -69 Kgs — Bronze

Officials –

- Manager — Zohmangaiha
Coach — Imo Singh

2. 4th National Inter School Tournament Group–II held at Aurangabad, Maharashtra during 25–28.1.2010

1. Vanlalnghaka -77 Kgs — Bronze

Official –

Malsawma Kiangte

3. 45th National Inter–School Weightlifting Competition at Bhopal, Madhya Pradesh during 2–5.12.2010

1. Lalremruata +77 Kgs — Gold
2. TBC Lalchhanhima -50 Kgs — Gold
3. Vanlalchhanhima -77 Kgs — Silver
4. Lalsangmawii -69 Kgs — Silver
5. Lalropeki -48 Kgs — Bronze
6. Lalfakzuali -58 Kgs — Bronze
7. Malsawmtluanga -62 Kgs — Bronze
8. Vanlalnghaka -69 Kgs — Bronze

Boys Team — Runners' Up

Official –

Manager — PC Vanlalawmpuii & Goldenthanga

2011 –

1. 6th National Youth (Boys & Girls) Weightlifting Championship at Maharaja Agrasen College, Jagadhri (Haryana) during 2–4.1.2011

1. Lalsangmawii -77 Kgs — Silver

2. 47th Men & 23rd Women Junior National Weightlifting Championship at Maharaja Agrasen College, Jagadhri (Haryana) during 6–9.1.2011

1. Lalchhandami +77 Kgs — Silver

Officials –

Manager — K Thanzauva

Coach — Malsawma Kiangte

3. Sub–Junior National Weightlifting Championship at Maharaja Agrasen College, Jagadhri (Haryana) during 2–4.1.2011

1. Lalsangmawii -69 Kgs — Silver

Officials –

Manager — Aldrin K Laldinpuia

Coaches — PC Vanlalawmpuii & L Lalropuii

4. 3rd National Rural PYKKA Competition at Aurangabad, Maharashtra during 3–6.2.2011

1. Lalsangmawii +69 Kgs — Silver

2. Lalremruata -85 Kgs) — Silver

3. TBC Lalchhanhima -56 Kgs — Bronze

5. 7th National Sub. Junior Boys & Girls Weightlifting Championship at Nirjuli, Arunachal Pradesh during 23–25.11.2011

1. TBC Lalchhanhima -56 Kgs — Silver

2. Lalsangmawii +69 Kgs — Silver

Officials –

Manager — Malsawma Kiangte

Coach — Zonunsanga

2012 –

1. 4th National Level Rural PYKKA Group–III (Weightlifting) Competition at Tumkur, Karnataka during 5–8.1.2012

1. C Lalhmangaihi -69 Kgs — Bronze

2. C Lalhlengliani -53 Kgs — Bronze

Officials –

Malsawma Kiangte & PC Remlalliani

2. 8th Sub–Junior & 49th Men & 25th Women Junior National Weightlifting Championship at Delhi during 12–19.12.2012

1. TBC Lalchhanhima (Sub–Junior) - 56 Kgs — Silver

2. Lalchhanhimi (Junior) - 69 Kgs — Bronze

Officials –

Sub–Junior

Manager — Malsawma Kiangte

Coach — Lalchhanhimi

Junior

Manager–cum–Coach — Malsawma Kiangte

2013 –

1. 5th National Rural PYKKA Tournament at Bhubaneswar, Odisha during 15–18.1.2013

1. Esther Hmingthansangi 69 Kgs — Gold

2. Lalropeki 48 Kgs — Silver

3. C Lalhlengliani 53 Kgs — Bronze

4. PC Vanlalhmangaihzuala 62 Kgs — Bronze

Officials –

Manager — Malsawma Kiangte
Coach — Lalrinchhani

2. 9th Youth (Boys & Girls) and 50th Men & 26th Women Junior National Weightlifting Championship 2013 held at Guwahati, Assam during 22-29.12.2013

1. TBC Lalchhanhima Snatch — Gold
Clean & Jerk — Silver
2. Lalzuidika Snatch Gold Clean & Jerk — Bronze

Officials –

Manager — Zohmangaiha
Coach — Goldenthanga